



100% and then some...

Grandiose Utterings of Monaco South

(GUMS)

December 16, 2011 – Vol. 37, Issue 11



100% and then some...

Optimist Club of Monaco South

Founded in 1976 at Denver, Colorado

Serving Youth and the Community for 35 Years

www.monacosouth.org

Editor for this Issue—Robert Wardlaw



Good Morning Optimists

Greeting us this morning were **Michael McMahon** and **Al Gapuzan!** **Tom Charters** was also standing in and greeted me (your editor) with a big smile and firm handshake, a great start to the meeting. Thanks to everyone who greets us each Friday morning! To get on the list, please see **OC Larson!**

Today is Camaraderie Day

Today is Camaraderie Day and it offers us a chance to socialize and greet others and catch up. President **Randy Marcove** is taking a back seat and Vice President, **Howard (Howdy) Fry** assumed the role of MC this morning. He brings the meeting to order and calls on **Karl Geil** to give the invocation. The prayer this morning speaks to the importance of helping youth and our role in developing them into the leaders of tomorrow. Karl then leads us in the *Pledge of Allegiance to the Flag*.

Guests

Guests of the club today include Gary Kieft, introduced by **John Wachter**. Gary is a former Marine who came back to Colorado and is now attending Community College of Denver. Also, Glen Stenson, Commander of the American Legion Hall Post 1—where we meet—is introduced by **Steve Kady**.

Presentation

On behalf of Monaco South Optimists, **Steve Kady** presented Glen Stenson with a Philips Heart Defibrillator for the Legion Hall. Glen thanked the club and having recently celebrated his 86th birthday shared that he recognizes the lifesaving value these machines have. See picture on next page. Thanks go out to Steve for pursuing this activity!

How to Use a Defibrillator

A defibrillation sends an electrical shock to the heart. The Automated External Defibrillator (AED) is a device capable of automatically detecting a heart rhythm that requires a shock. The AED will charge itself and prompt the user to deliver a shock to the victim. AED's analyze the victim's heart rhythm several times to be certain it is a shockable rhythm.

All AEDs can be operated by using these steps:

1. *Confirm cardiac arrest by checking to see if the victim is unable to respond and there is no breathing when you open the airway (by tilting back the head and lifting the chin up).*
2. *Turn on the AED.*
3. *Apply pads to the victim's bare chest as shown.*
4. *If necessary plug the wire from the pads into the AED (usually next to a flashing light).*
5. *Allow the AED to analyze the heart rhythm.*
6. *If a shock is indicated by the AED, push the shock button when instructed.*
7. *If a shock is recommended (sometimes it is not) make certain everyone "stands clear," and does not touch the patient.*
8. *If the patient is still not breathing, start CPR. Give 30 chest compressions and then 2 rescue breaths and continue this cycle until the AED gives further instructions or the patient starts breathing.*

Presidents Update

On a sad note, Howdy announces the passing of Janna Hugo, devoted wife of **Bob Hugo** for 58 years. Our deepest sympathy and condolences are extended to **Bob, Dan Hugo** and the **Hugo family**. Services for Janna will be on Monday, December 26th at 1:30 p.m. at Saint Michael and All Angels' Church, 1400 South University Boulevard.

December Birthdays!

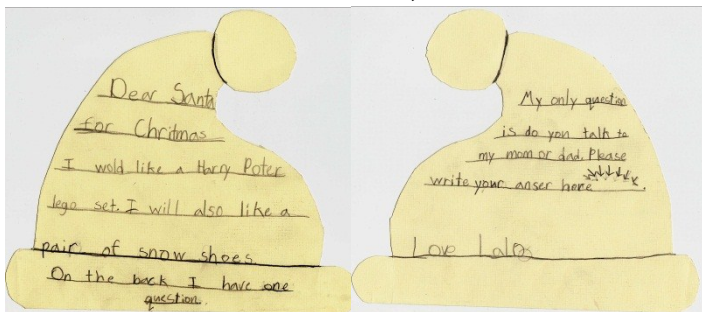
And speaking of birthdays, the club recognized December birthdays with a jovial rendition of *Happy Birthday*. They are: **Curtis Boell, Ron Cisco, Robert DeSpain, and Frank Rowe**.

Meeting Place
 American Legion Hall Post 1
 5400 East Yale Avenue (Yale & I-25), Denver, Colorado
 Every Friday Morning, 7:00 – 8:00 am
 ****INVITE A FRIEND TO JOIN****

Announcements

Tree Lot Update: The lot has received some publicity recently being mentioned in Chase Carpet Care Company newsletter, thanks to member **Neil Atkinson**. *The more opportunity to get the word out, the better it is!* **Joe Marci** announces that 101 members have put time in at the lot, with many of them actually working. We are hoping for a strong weekend of sales with the expected good weather approaching and Santa Claus' visits should also be high—a great time for all. **Tom Overton** tells the club of the benefits of spending time as Santa, the good times are heartwarming. **Tom** recounts the experience of talking with a boy and asking him questions, he tells the boy he knows that his favorite food is salad. With excitement, the boy tells his parents that he knows that Santa is real!

Santa Duty: With that, **Craig Eley** thanks those who have volunteered for Santa duty and reminds those members who are signed up for this weekend. There have been 330 pictures posted so far this year of kids with Santa. [Click Here to take a look!](#) Craig shared Lalo's Santa's nice note, see below.



Tamarac's New Start-up Club: **Kent Gloor** thanked members for their support of the new Cheyenne Optimist Club started by the Tamarac ladies, for purchasing tickets for an upcoming drawing.

Chili Cook-Off: **Ron Cisco**, chief chili expert, announced that the Great Chili Cook-Off will happen at the Tree Lot Saturday, December 17th, starting at 11:30. Those interested are advised to bring chili, ladle, and their best intentions! See update below:

A very successful Chili Cook-off was held this past Saturday. We had five (5) entries, 1. Tom Charters, 2. Jon Wachter, 3. Kent Gloor, 4. Phil Perington, and 5. Curt Jefferies. We had three (3) outside judges, Ron Benson, Past Governor; Joe DeRose, Past Governor; and Charlie Neuman, Past President of DTC. The judges had a tough job as all five (5) chili's were outstanding. The Winner was _____ . To be announced next Friday morning!

Best Regards, Ronald Cisco

White Elephant Gift Exchange: **Oscar Sorensen** promoted the white elephant Christmas gift exchange which will happen this coming Friday December, 23rd. Some excited members even brought gifts this morning in anticipation. What a build up!



Kids to Breakfast: **Frank Ross** announced that

the Kids to Breakfast meeting will be December 30th. A magician will entertain the kids and it looks to be a very good time kids and members alike.

Christmas Baskets: **Mike Chavez** reminded members about the Christmas Basket handout which will happen on Saturday. Volunteers are asked to arrive by 8:00 a.m. for assembly.

Super Citizen Programs: **Don Thomson** announced that there are two Super Citizen programs today. One at Samuels Elementary, where **Jack Kitchell** will be presenting, and the other at Bradley where **John Oss** will be the presenter. He also shared that on Thursday, there was a Super Citizen presentation at Most Precious Blood, where **George Buzick** presented, with **Greg Young** serving as photographer, where they provided four very excited kids with t-shirts and certificates.



Meeting Etiquette: Paul Bernard, our chief program coordinator, reminded us all to keep announcements short to allow our speakers to begin their presentations on time (approx. 7:30 a.m.). Also, he asked to hold off from asking questions until the end of the presentation to allow our guest the opportunity to complete their program.

With that Paul introduced Ken Berman, with the Aurora Youth Options (AYO), who made a short announcement regarding their youth mentoring program. This local organization matches youth with an adult mentor that best serve their needs. The program is in need of mentors. Those interested meet twice monthly with a young person and are asked to consider impacting the mentee's life in the best way. Please consider this worthwhile effort. More can be learned by going to the AYO's website at: http://www.aurorayouthoptions.org/Home_Page.html.



Steve Kady and OCMS president, Randy Marcove present to Glen Stenson, Commander of the American Legion Hall Post 1 a Philips Heart Defibrillator (ADE) for the Legion Hall. For more interesting information on the American Legion Hall visit: <http://www.lcwpost1.org/>.

Photos Don StJohn



Announcements Continued

Thanks to John Marinis: Members collected \$174 for **John Marinis** as a way to say Thank You for all he does in preparing a wonderful breakfast for members throughout the year. This certainly is a highlight of each meeting, **Thank You John!**



Closing Bell

And with that, Howdy asks for the drawing, whose pot totals \$110 this week. Nobody draws the lucky card, and the pot grows like the anticipation for the white elephant Christmas exchange next week!



Acting president Howard (Howdy) Fry leads the morning meeting starting right off with, "let's have the drawing." He claimed that president Randy Marcove gave him an agenda that was upside down. Sure Howdy!

Photo Don StJohn

New Member Orientations

There will be a quarterly orientation for new members, the next being Monday evening, January 9th, 6:30 p.m. at Councilwoman Peggy Lehmann's office, 3540 South Poplar Street, Suite 102. The mentor program will continue with future dates scheduled for Monday, April 9th and Monday, July 9th 2012.

Brain Bowl 2012

The 2012 Optimist Brain Bowl event, an academic competition open to Colorado Wyoming middle school students in 6th, 7th, and 8th grades, will be held at the following locations:

- ◆ North Region: Saturday, January 21, 2012, Superior High School in Louisville
- ◆ Central Region: Saturday, February 4, 2012, Herit-age High School in Littleton
- ◆ South Region: Saturday, February 25, 2012, Carson Middle School, on the Fort Carson U.S. Army base in Colorado Springs
- ◆ Championship Tournament: Saturday, March, 3, 2012, Douglas County High School in Castle Rock.



For more information, see the Brain Bowl webpage at: <http://www.optimistbrainbowl.org/>.

Weekly Greeters

Date	Greeters
12/23/11	Ron Cisco & Ron Carlson
12/30/11	Rich Mahoney & Fred Pasternack
1/6/12	Joe Marci & James Riley
1/13/12	Paul Stratton & James Riley
1/20/12	Woody Thibodeau & Nick Newey
1/27/12	Bob Avery & Jim Riley



Super Citizen Presenters for January

4 @ 2:30 pm	Highline	Joe Marci
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**Sign Up For the Tree Lot
Only Five More Days Left**

**Many Open Times From Tuesday On
Particularly In Late Afternoon
and Early Evening**

Monaco South Calendar

Dec 23 Fri 7:00 am Meeting, Legion Hall - White Elephant Gift Exchange
Dec 25 Sun Merry Christmas 
 Dec 30 Fri 7:00 am Meeting, Legion Hall - Kids to Breakfast & Camaraderie
Jan 1 Sun 2012 Happy New Year 
 Jan 6 Fri 7:00 am Meeting, Legion Hall - The Brain Bowl is Coming!
 Jan 9 Mon 6:30 pm New Member Orientation, District 4 Council Office, 3540 S. Poplar St., Suite 102
 Jan 13 Fri 7:00 am Meeting, Legion Hall - Leslie Pera, Boys Hope Girls Hope
 Jan 18 Wed 6:30 pm Board Meeting, District 4 Council Office, 3540 S. Poplar St., Suite 102
 Jan 20 Fri 7:00 am Meeting, Legion Hall - Camaraderie Day
 Jan 21 Sat 7:00 am North Region Brain Bowl, Superior High School in Louisville, CO

**Past Presidents of the
Optimist Club of Monaco South**

Bob Rhue	1976-77	Mark Metevia	1994-95
Jerry Whitlow	1977-78	Bob Safe	1995-96
Bill Kosena	1978-79	Tom Overton	1996-97
Duane Wehrer	1979-80	Peter Dimond	1997-98
Curt Jefferies	1980-81	Ralph Symalla	1998-99
Frank Middleton	1981-82	Cy Regan	1999-00
John Young	1982-83	Stan Cohen	2000-01
Pat Bush	1983-84	Don St. John	2001-02
Bob Hugo	1984-85	Jack Rife	2002-03
Tom Mauro	1985-86	Karl Geil	2003-04
Curt Lorenzen	1986-87	Bryce Slaby	2004-05
Oscar Sorensen	1987-88	Donlie Smith	2005-06
Lupe Salinas	1988-89	Paul Bernard	2006-07
Bob Avery	1989-90	Greg Young	2007-08
Bill Litchfield	1990-91	Phil Perington	2008-09
Bill Walters	1991-92	Ron Cisco	2009-10
Kent Gloor	1992-93	Ed Collins	2010-11
Gary Strowbridge	1993-94		

2011 - 2012 Officers

President	Randy S. Marcove	303-667-3663
Vice President	Frank Ross	720-210-8809
Vice President	Howard Fry	303-601-5088
Secretary	Jack Rife	303-349-1280
Treasurer	Greg Young	303-759-3921

Board of Directors

Harry Fegley	303-671-7182
Wyatt McCallie	303-759-2275
Frank Middleton	303-759-9232
John Oss	303-973-7934
Allen Pierce	303-833-8506
James Riley	303-472-3652
Jim Tapp	303-503-8043
Brian Williams	720-253-5731
Ed Collins (Past Pres.)	303-905-7572

Newsletter Committee

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Marlin Kent	303-779-0778		O.C. Larson	303-737-7432	larson1942@cpmcast.net
Ralph Pedersen	303-759-3384	pedersen.ralph@q.com	Robert Wardlaw	303-525-2532	rwardlaw@comcast.net
Jim Piccinelli	303-721-1470	jp Piccinelli@earthlink.net	John Oss	720-210-8056	john.oss4us@gmail.com
Dick Zolman	303-796-8746	rzolman691@aol.com			

NEWSLETTER EDITORS: Dec **John Oss**; Jan **George Buzick**; Feb **Robert Wardlaw**

THE OPTIMIST CREED — Promise Yourself . . .

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.