



Grandiose Utterings of Monaco South (GUMS)

July 31, 2015 – Vol. 41, Issue 43



Optimist Club of Monaco South



Founded in 1976 at Denver, Colorado
Serving Youth and the Community for 39 Years
Recognized as Outstanding Service Organization in Colorado in 2012

www.monacosouth.org

Editor for this Issue—Pat Bush



Good Morning Optimist

On this last day of July, and the day of the second full moon of July 2015, a so-called Blue Moon, **Dave Peck** and **Frank Ross** greeted us this morning with big smiles and warm hand shakes.



Past-President **Jon Wachter** served as MC for this meeting in the absence of **John Oss**. John and Ruth are in Minnesota visiting family and friends.

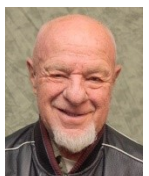
Invocation & Pledge

Dr. **Jack Rife** delivered the invocation remembering **Fred Pasternack** long time Optimist member who passed away this week after fighting Blatter Cancer.

Remembering Fred Pasternack (1938-2015)

The Loss of a True Optimist

Past-Prez **Jon Wachter** asked anybody wanting to share stories about **Freddy Pasternack** to do so. Several members including **Craig Eley**, **Paul Simon**, **Phil Perington**, **John Young**, **John Swick**, **Cy Regan**, **Karl Geil**, and **Jack Rife** took the opportunity to tell a story.



Fred Pasternack
Photo Craig Eley

Frank Middleton reminded all members that they could donate to the Optimist International Foundation in Fred's memory and have that money returned to the club to support any project they wish. Just give a check made out to Optimist International Foundation and give it to **Greg Young**.

Karl Geil shared by email, that he recently talked with **Karen Pasternack** and she will still be celebrating Fred's birthday and the joy of his life at their home, 3300 S. Leyden Street, on Sunday, August 23rd, starting at 3 p.m. Karl was asked to share the invitation with all Optimist members.



CO/WY Super Game Convention

August 27-30, 2015
Hotel Colorado, Glenwood Springs, CO

From the Prez John Oss via Email

From the GUMS of last week: "Former member **Bill Wells** attended the meeting as **Freddy Pasternack's** guest. This is one of the few times that **Fred-die's** guest actually made the meeting and **Fred-die** was not here." Last week, **Freddie** was very much present, in spirit. Therefore, it continues. With decades of optimistic support and leadership, **Freddie** blessed us all. We and guests like **Bill** can carry on **Freddie's** legacy. As I have vacationed in Minnesota, I have shared how **Freddie** has influenced us all. Wow!



John Oss
Photo Craig Eley

"Five years ago, I was a 'guest' akin to **Bill**. I had no idea what **Freddie** had to offer. Optimist's International has a formal 'New Optimists Welcome' (NOW) meeting defined for recruiting new optimists. The agenda is centered around strutting the programming of the club. Virtually every meeting of our club struts a heavy display of Monaco programming. As members like **Freddie**, we can proudly bring guests to see the many opportunities for giving service and for experiencing meaning in our lives. I am **Freddie's** grandson. Yes, **Freddie** sponsored **Jim Easton**, who sponsored me into Monaco South. Monaco South fit me perfectly. Thank you **Freddie** and **Jim**. Let us keep on taking advantage of our weekly NOW meetings!"

Announcements

Junior Golf Tournament: **Joe Marci** reports that none of the Colorado players made it to the final round of the Optimist International Junior Golf Tournament held in Florida over the past couple of weeks. However, they all had fun and some will be visiting us over the next few weeks to talk about their experiences. **Joe** also took this opportunity to solicit donations to the Junior Golf program. Again, you can support Junior Golf through the Optimist International Foundation "pass-through" program and get a tax deduction.

Joe also shared this article from the *Aurora Sentinel* regarding **Drew Anderson**, one of the golfers. **Joe** plans to invite **Drew** and others to our meeting on Friday August 7th.

[CLICK HERE](#)

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Meeting Place
American Legion Hall Post 1
5400 East Yale Avenue (Yale & I-25), Denver, Colorado
Every Friday Morning, 7:00 – 8:00 am
******INVITE A FRIEND TO JOIN******

Announcements Continued

March of Dimes Mudd Volleyball Tournament:

Joe Marci was the one that stepped up and asked for volunteers to work the March of Dimes Mudd Volleyball Tournament. We will be parking approximately 2,000 cars between the hours of 6:30 a.m. and 9:00 a.m. tomorrow, Saturday, August 1st. The Mudd Volleyball tournament raises almost \$200,000 for the fight against birth defects.

Schlessman YMCA Renovation Project:

Jack Rife shared that he visited the Schlessman YMCA Monaco South Optimist Club playground project again and snapped another picture of the playground that shows our new sign.



The grand opening of the new facility is due within the next 2 to 3 weeks and all club members will be invited once the date is announced.

CO-WY District Convention:

Jon Wachter announced that the Glass Half Full band would be playing on Friday night, August 28th at the District Convention in Glenwood Springs. He invites all members to come up and join in the music and merriment.

Brent's Place Pancake Breakfast:

Standing in for **Paul Bernard**, **Michael Chavez** thanked all the members that helped on the Brent's Place Pancake Breakfast. Those that helped included **David Telpner**, **Don Thomson**, **Gary Strowbridge**, **Eldon Strong**, **Jack Rife**, **Phil Perington**, **Russ Paul**, **Mark Metevia**, **Michael Chavez**, **George Buzick**, **Pat Bush** and of course **Paul Bernard**.

2015-2016 Super Citizen Program:

The Super Citizen's program is about to start again. **Robert Wardlaw** indicated that the principals of the elementary schools that participate in the Super Citizen's program have been invited to join us at our August 14th meeting. If you have not presented at any of the schools, you should give it a try. To see the pride of the students and their parents is truly rewarding. Learn more about the program at our August 14th membership meeting.



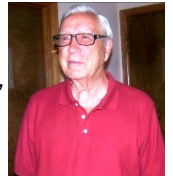
Palisade Peaches:

Do not forget, Dr. **Bob Finkelmeier** is taking orders for fresh Palisades Peaches. They will be arriving soon. The cost is about \$30.00 for a crate of Colorado's best peaches. \$7 per box comes back to either Monaco South or Tamarac Optimist Club, depending on sales. Give Bob a call to get on the list.



Celebrate Les Larson's 88th Birthday:

Les was seen handing out an invitation to his upcoming birthday party and his wife Ruth sent us an email saying, "We do hope you, and many other members, will be able to join us." Celebrate with us on Friday, August 14 at 8101 E. Dartmouth Avenue #70, from 4:30 p.m. to 7:30 p.m. See the invitation attached to GUMS distribution email.



Les Larson
Photo Don StJohn

Alzheimer's Walk: Cap Hermann

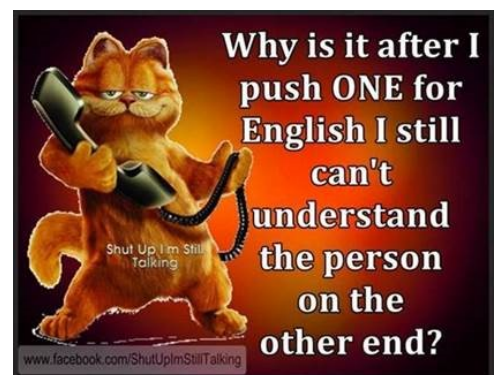
announced that the Alzheimer's Walk is coming up on Saturday, September 19th. This is about the fourth year that Monaco South has supplied volunteers for the walk. Cap will not be able to be at the walk this year and is looking for someone to help organize our participation. Please give Cap a call if you can help with this project.

Upcoming Friday Morning Speaker:

Frank Middleton reminded the membership that Jack Corrigan, "The Voice of the Rockies" will be our guest speaker on Friday, August 21st. Jack is a speaker in high demand and he is out of town half the time during the baseball season. You will not want to miss this meeting to hear Jack speak.



A Bit Of Humor



Some days I just wish I had the wisdom of a ninety year old, the body of a twenty year old and the energy of a three year old.



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Preston Dickey
Corporate Engagement & Events Coordinator, Urban Peak

Paul Simon introduced our guest speaker this morning. He is Preston Dickey the corporate engagement and events coordinator for Urban Peak. Preston is a 5th generation Coloradan and grew up on a cattle ranch that his great, great grandfather homesteaded in the 1890's.

Preston talked about Urban Peak's mission in working with youth that are homeless or at risk of becoming homeless. Urban Peak was established in 1988 and they provide a wide range of services to homeless youth including overnight sheltering, a daytime drop-in center, supportive housing, education and job training and a street outreach team.

They use about 1300 volunteers to help kids between the ages of 16 to 24 exit street life. Sixty percent of the kids enter Urban Peak's programs through the daytime drop-in center. Two out of three homeless youth have been in foster care and/or juvenile detention facilities and are put on the streets when they age out of foster care or are



released from a detention center and have no place to go.

Half of the kids have some kind of mental illness. Often the Urban Peak councilors are the first positive adult role models that these kids have in their lives. Preston says that most of the kids want to get off the streets but just need to be shown a pathway to get to become a self-sufficient adult.

Preston says there are many ways the Optimist Club could get involved with Urban Peak's mission. We can, as a group, help serve meals at the overnight shelter or daytime drop-in center, help with food and clothing drives, and help with maintenance and cleaning of their facilities. They will be having a "Reach for the Peak" breakfast on September 24, 2015 where interested members can find out more about their programs and how you can help them help the homeless youth of Denver.



Preston Dickey
Photo Don StJohn

Do We Have A Drawing?

The lucky winners of the money cups were **Allen Malask** (twice), **Karl Geil**, **Cy Regan**, **Al Gapuzan**, and **Allen Yockey**. Half winners, those that won a chance to draw a card, were **Oscar Sorensen**, **George Buzick**, and **Phil Perington** but that is where their luck ended.



Where Are These Members?

From our attendance recorder, where are these members? **Bud Black**, **Dick Cohen**, **Peter Dimond**, **Howdy Fry**, **Casey Funk**, **Rob Garner**, **Kent Gloor**, **Marc Goodbody**, **Glenn Kindt**, **Jack Kitchell**, **Jim Leuschner**, **Allan McCall**, **Bob Meyer**, **Mike Miller**, **Al Perington**, **James Riley**, **Frank Rowe**, **Dean Sotiriou**, **Jason Sunahara**, **Jim Tapp**, **Woody Thibodeau**, and **Brian Williams**. We have missed seeing you all summer.

Weekly Greeters	
8/7/15	Pat Bush & Al Gapuzan
8/14/15	Joe Marci & Perry Allen
8/21/15	Lynn Jones & Robert Wardlaw
Help, Help, Help — we need Friday morning greeters, see Jon Wachter, 303-204-5645 or jon_wachter@msn.com	



Sponsor a New Member

If you know someone who shares the ideals of Optimist International, consider inviting them to join the organization and help "Bring Out the Best in Kids."

Optimist Club of Monaco South 2015-2016 40th Birthday Year — Chartered in 1976

Aug 7 Fri	7:00 am	Meeting, Legion Hall - Camaraderie Day
Aug 14 Fri	7:00 am	Meeting, Legion Hall - Dr. Penny Montgomery, Treating Brain Damage
Aug 20 Thu	6:30 pm	Board Meeting, Randy Marcove's Home, 4103 S. Rosemary Way
Aug 21 Fri	7:00 am	Meeting, Legion Hall - Jack Corrigan, KOA - Voice of the Colorado Rockies
Aug 27-30		CO/WY 4th Qtr. Convention, Glenwood Springs, CO
Aug 28 Fri	7:00 am	Meeting, Legion Hall - TBA
Sept 4 Fri	7:00 am	Meeting, Legion Hall - TBA
Sep 19 Sat	6:00 pm	MSOC Installation & Celebration, Piccolo's, 3563 South Monaco Parkway



**Past Presidents of the
Optimist Club of Monaco South**

Bob Rhue	1976-77	Bob Safe	1995-96
Jerry Whitlow	1977-78	Tom Overton	1996-97
Bill Kosena	1978-79	Peter Dimond	1997-98
Duane Wehrer	1979-80	Ralph Symalla	1998-99
Curt Jefferies	1980-81	Cy Regan	1999-00
Frank Middleton	1981-82	Stan Cohen	2000-01
John Young	1982-83	Don St. John	2001-02
Pat Bush	1983-84	Jack Rife	2002-03
Bob Hugo	1984-85	Karl Geil	2003-04
Tom Mauro	1985-86	Bryce Slaby	2004-05
Curt Lorenzen	1986-87	Donlie Smith	2005-06
Oscar Sorensen	1987-88	Paul Bernard	2006-07
Lupe Salinas	1988-89	Greg Young	2007-08
Bob Avery	1989-90	Phil Perington	2008-09
Bill Litchfield	1990-91	Ron Cisco	2009-10
Bill Walters	1991-92	Ed Collins	2010-11
Kent Gloor	1992-93	Randy Marcove	2011-12
Gary Strowbridge	1993-94	Paul Simon	2012-13
Mark Metevia	1994-95	Jon Wachter	2013-14

2014 - 2015 Officers

President	John Oss	720-210-8056
Vice President	Craig Eley	303-758-9499
Vice President	Don Iley	303-840-7706
Secretary	Curt Boell	303-980-1893
Treasurer	Greg Young	303-759-3921

Board of Directors

Barry Barker	813-545-4533
Pat Bush	303-750-9409
J. R. Gieck	949-636-7614
Tom Glazier	303-522-5214
Cap Hermann	303-587-5575
Jack Kleinheksel	720-938-1760
Fred Pasternack	303-758-3754
Ralph Pedersen	303-759-3384
Jon Wachter (Past Pres.)	303-204-5645

Newsletter Committee

Robert Finkelmeier	303-756-5829	rfinkelmeier@comcast.net	Ralph Pedersen	303-759-3384	r.pedersen2658@comcast.net
Jim Piccinelli	303-721-1470	jp Piccinelli@earthlink.net	Phil Perington	303-832-4578	perington@msn.com
Dick Zolman	303-796-8746	rz6267@gmail.com	Paul Stratton	303-366-6375	pcstratton@comcast.net
George Buzick	303-803-2268	gtbuzick@comcast.net	Pat Bush	720-254-3741	pbush@bushreese.com
Robert Wardlaw	303-525-2532	rlawardlaw@gmail.com	Craig Eley	720-771-0866	craigceley@gmail.com

NEWSLETTER EDITORS: Aug **Paul Stratton**, Sept **Phil Perington**, Oct **George Buzick**, Nov **Robert Wardlaw**

THE OPTIMIST CREED — Promise Yourself . . .

To be so strong that nothing can disturb your peace of mind.
 To talk health, happiness and prosperity to every person you meet.
 To make all your friends feel that there is something in them.
 To look at the sunny side of everything and make your optimism come true.
 To think only of the best, to work only for the best, and to expect only the best.
 To be just as enthusiastic about the success of others as you are about your own.
 To forget the mistakes of the past and press on to the greater achievements of the future.
 To wear a cheerful countenance at all times and give every living creature you meet a smile.
 To give so much time to the improvement of yourself that you have no time to criticize others.
 To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.