



September 21, 2007

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Grandiose Utterings of Monaco South (GUMS)



The Optimist Club of Monaco South

Founded in 1976

Denver, Colorado

www.monacosouth.org

Editor for this Issue - - Craig Eley (craig@eley.net)

Mercury in Fish in One-Third of State Waters

Mark McMillan, from the Colorado Department of Health and Environment was the featured speaker at the September 21, 2007 meeting of the Optimist Club of Monaco South. Mark's topic was mercury, and how it contaminates the environment.

Mercury particularly affects pregnant women and their offspring. Each year, 600,000 children are born in the United States with some kind of life-long deficit that can be traced to mercury exposure.

Mercury is a naturally-occurring element which is emitted into the environment by natural sources (such as volcanoes) and man-made sources (such as coal-fired power plants, which emit 48 tons of mercury each year).

The mercury floats in the air and is

deposited in lakes and ponds. Although a body of water may have very low levels of mercury, the mercury accumulates in higher levels as it travels up the food chain. It may be taken in by minute animals, who are then eaten by tiny fish, who are then eaten by larger fish. These fish may contain dangerous levels of mercury, which are then passed on to humans when they consume the fish.



Mark told us that the 1/3 of the bodies of water tested in Colorado have unsafe levels of mercury in their fish. The Delores, Durango and Vallecita reservoirs are great places to fish, Mark said, but bad places from which to obtain fish to eat. Likewise, Horsetooth Reservoir has fish with high concentrations of mercury. However, fish from Cherry Creek Reservoir are safe to eat.

Meeting Place

American Legion Hall Post 1

5400 East Yale Avenue (Yale & I-25), Denver, Colorado

Every Friday Morning, 7 - 8 a.m.

Proceedings of the Meeting of September 21, 2007

Invocation & Pledge

Neil Atkinson led us in the prayer and pledge on this annual 100% day, with a large crowd of MSOCers attending.

Guests

Jim Rumer's lovely young granddaughters, **Juli** and **Lili**, joined us for breakfast.

It was good to see **Gus Magnotta** back at a meeting.

This Day in History

President **Paul Bernard**, presiding over his penultimate Friday meeting, imparted the essential information that on this day in 1966 exactly 413 people showed up in Yankee Stadium for a baseball game. **Tom Hoch** remembered that day, and tried to get us to believe that it was an away game.

Board Meeting

We were reminded that this coming Thursday is a Board Meeting, and all members are welcome to attend. It will be held at 6:30 p.m. at 3515 S. Tamarac Dr. Suite 200.

Holiday Party

The Club needs someone to chair the annual holiday party in December or January. Please contact Greg Young at 303-759-3921 or at gndyoung@msn.com. if you would like the opportunity to plan this important Club event.

Entertainment Books

You'll have more fun than is humanly possible if you buy an Entertainment Book. See **Joe Marci** at a meeting or call him at 303-771-3748. \$25 each.

Photo Op

If your photo is not in the Club directory, see **Craig Eley** at the next meeting so he can take your picture.

Musical Chairs

Frank Middleton warned us that next week we will be randomly assigned to tables so that we can meet and mingle with new people from as far away as the other side of the room. This is your chance to dust off your best tired, old stories so you can tell them to folks who haven't heard them before.

Baseball

There are tickets available for the Rockies games next Friday and Saturday (at 6:05 p.m.) and Sunday (at 1:05 p.m.) against Arizona. Proceeds benefit Junior Golf. Contact **Joe Marci** at 303-771-3748.

Food Cards

Although we had more than normal attendance (as if those who attend could ever be called normal) we only sold \$825 in King Soopers and Safeway food cards. Maybe we were still full from the Installation Dinner!

Drawing

As the end of the fiscal year approaches, there were only 2 cards left and a pot worth \$130. The 6 of spades was the card to draw, and **Robert Duvall** beat the 50-50 odds to come up with the winner! Next week: 1 card



and a \$10 pot. The money's not so good but you can't beat the odds!

**Past Presidents of the
Optimist Club of Monaco South**

Bob Rhue	1976-77	Bill Walters	1991-92
Jerry Whitlow	1977-78	Kent Gloor	1992-93
Bill Kosena	1978-79	Gary Strowbridge	1993-94
Duane Wehrer	1979-80	Mark Metevia	1994-95
Curt Jefferies	1980-81	Bob Safe	1995-96
Frank Middleton	1981-82	Tom Overton	1996-97
John Young	1982-83	Peter Dimond	1997-98
Pat Bush	1983-84	Ralph Symalla	1998-99
Bob Hugo	1984-85	Cy Regan	1999-00
Tom Mauro	1985-86	Stan Cohen	2000-01
Curt Lorenzen	1986-87	Don St. John	2001-02
Oscar Sorensen	1987-88	Jack Rife	2002-03
Lupe Salinas	1988-89	Karl Geil	2003-04
Bob Avery	1989-90	Bryce Slaby	2004-05
Bill Litchfield.	1990-91	Donlie Smith	2005-06

2005 - 2006 Officers

President	Paul Bernard	303-721-0811
Vice President	Phil Perington	303-832-4578
Vice President & President-Elect	Greg Young	303-759-3921
Secretary	Nick Newey	720-981-9552
Treasurer	George Buzick	303-985-0655

Board of Directors

Al Gapuzan	303-893-4368
Russ Paul	303-750-0554
Frank Ross	303-713-1008
Scott Walker	303-517-1862
Todd Olson	303-759-4228
Bill Litchfield	303-782-0465
John Young	303-692-8202
Carl Brown	303-758-8355
Donlie Smith (Past Pres.)	303-759-0380

Newsletter Committee

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Craig Eley	303-758-9499	craig@eley.net
Marc Goodbody	303-202-1610	mgoodbod@gmail.com
Marlin Kent	303-779-0778	
Jim Leuschner	720-851-7102	flyleusch@aol.com

THE OPTIMIST CREED — Promise Yourself . . .

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

**PERIODICAL POSTAGE PAID
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