



Grandiose Utterings of Monaco South

(GUMS)

October 23, 2009

Vol. 34, Issue 4

The Optimist Club of Monaco South

Founded in 1976 at Denver, Colorado

Serving Youth and the Community for 34 Years

www.monacosouth.org

Editor for this Issue—Ralph Pedersen



Good Morning Optimists!

Tom Hoch, back from a stint in Minnesota, and **Jim Easton** enthusiastically greeted us this morning. Jim greeted me way before I got to the greeters table. Enthusiasm trumps cold, dark mornings every time. Thanks Tom and Jim!

Invocation and Pledge

Tom Hoch ("They put me to work fast.") called upon The Giver of Life to help us nurture the next generation, as they are our future. The Pledge of Allegiance followed, "to the flag of the United States of America."

Utterings President Cisco

Prez Ron greeted a full room this morning. Later someone counted 85 in attendance. Wow! Was there a behind the scenes calling program promising pork chops and scrambled eggs from **John Marinos**? Delicious—Thanks John!

President Ron introduced District Governor **George Mills** who talked about growth. He awarded pins to new members **Keith Galloway**, **Ron Roth**, and **Brian Williams** and their sponsors.

We all were encouraged to wear a nametag today and all day long, provoking conversation about *Optimism* and perhaps extending an invitation to someone to be a guest at next Friday's meeting. And then...who knows? Maybe a new member!



President Ron recognized the birthday boys for October. I got the names of, **Neil Atkinson**, **Harry Johnson**, **Robert Wardlaw**, and **Dick Zolman**. Especially mentioned was **Marlin Kent** who was 97 years young on the 22nd. There were more, but I missed the names. Sorry!



Past President **Phil Perington** was called on to make two more awards for men in his administration: **Howard "Howdy" Fry**, Vice President; and **Bill Wells**, our Membership Chairman.

Guest

Fred Pasternack (he is amazing) introduced Frank Gold, who sponsored Fred many years ago for membership in his first Optimist Club. Poor Frank was good naturedly booed for getting Fred into Optimism, but in our heart of hearts we love and appreciate Fred. Don't tell him though.

Announcements

Membership Directory: **Craig Eley** is again opening his photo studio to take pictures for the new membership directory. "You want a better picture, bring a better face."

Super Citizen Program: **Don Thomson**, Super Citizen Chairman, asked **George Vassilaros** to tell of his first experience as a presenter. George greatly enjoyed his time with the youngsters, getting much satisfaction from seeing Super Citizens being recognized by their teachers.

Meeting Place

American Legion Hall Post 1

5400 East Yale Avenue (Yale & I-25), Denver, Colorado

Every Friday Morning, 7:00 – 8:00 am

****INVITE A FRIEND TO JOIN****



Prez Ron, on left, assists George Mills in welcoming our new members Keith Galloway, Ron Roth, and Brian Williams with their sponsors looking on.

Photo by Don StJohn

Super Citizen Presenters for November

Day	School	Presenter
5 @ 1:00 & 2:00 pm	Lowry	John Greene
6 @ 2:45 & 3:15 pm	Univ. Park	Nick Neway
18 @ 2:05 pm	McMeen	Ron Roth
18 @ 2:30 pm	MPB	Gary Miller
20 @ 9:10 am	Holm	Phil Perington
20 @ 3:00 pm	Bradley	Howard Fry

Announcements Continued

Tree Cutting Excursion: Ed Collins is still looking for members to come up to his mountain property to cut trees for sale at the Christmas tree lot. Call Ed to get details. Home: 303-759-4799, Business: 303-692-8668, x303, and Cell Phone: 303-905-7572.

Calling All Wannabe Santa's: Bryce Slaby put out a call for Santa's at the tree lot. He indicated that this year Saint Nick will have his own Santa Claus House to greet all callers. If interested contact Bryce at 303-792-5224.

Colorado/Wyoming District Magazine Ads: Mike Snipes is bringing back the Colorado/Wyoming District Magazine and is looking for advertisers. Cost is \$50 per issue. If you wish to order a display ad contact Mike at 303-699-9161 or visit cowoptimists@aol.com.

Wine Tasting: Tom Overton has organized a Wine Tasting at Flemings Restaurant at 191 Inverness Dr., in Englewood, November 6th, at a cost of \$30 per person. \$20 goes to the club. Let Tom know if you would like to attend.

Early Bird Greeters: Dick Cohen put out a call for everyone to sign up to be a greeter. This is a nice way to meet members as they walk in the door each Friday. You also can be one of the first to get a fresh cut of coffee.

Meals on Wheels: Joe Marci is recruiting for deliveries of meals to home bound people on Thanksgiving Day, November 26th and Christmas Day, December 25th. See Joe or call 303-771-3748. Cell 303-847-7844. Email: marcifrog@aol.com

Entertainment Books: Joe is also selling 2010 Entertainment Books to raise funds for Optimist Junior Golf, and has free bowling tickets for youngsters. He says, there are discount coupons in this edition to reimburse you for your expenditure.

Tamarac Optimist Club's Pancake Breakfast:

Your editor attended Tamarac's Pancake Breakfast on Saturday morning and Applebee's was swarming with Optimists; it looked like a huge success. The food included more than pancakes; we had link sausages, orange juice, and coffee. AND seconds—if you could eat that much! The ladies of Tamarac gave excellent service with a smile, earning huge tips for the jar. Thanks for a marvelous time!

Supermarket Sales: Cy Regan reported sales today of \$1,150; with King Soopers at \$800 and Safeway at \$350. Please see Cy at his table next to Don St. John who receives your tab for the morning. Give your money to Don, turn left and there is Cy!

Notes from Christmas Tree Lot Meeting

- ◆ Peter Kiewit & Sons again this year is donating their trailer to us. No work for them around Denver; no need for the trailer.
- ◆ This year marks our 32nd year.
- ◆ Ed Collins donating small trees from his mountain property.
- ◆ Joe Marci is purchasing commercial grade trees mostly, #1 grade. Tamarac Club ladies will assist with pricing; they do a good job.
- ◆ Members who work 12 hours or more get a discount on their tree purchase.
- ◆ Gary is supervising the electrical installation.
- ◆ President Ron will keep the snacks on hand.
- ◆ Oscar Sorensen does the popcorn as the expert.
- ◆ Mike gets propane, heater working, welding.
- ◆ Craig and Bryce will supervise the Santa Hut and Santa's.
- ◆ Curt Jefferies will mail 1,500 postcards to previous customers.
- ◆ Bob Finkelmeier will make ready the flyers for Super Citizen Schools and school representatives will get them to the school for distribution.
- ◆ Joe is the overall "go to guy," supervisor, and chief gopher. Please keep him happy!



Tom Overton, (L), past president (1996-97) and now recipient of the *Marlin Kent Optimist of the Year Award*. This month's editor, Ralph Pedersen asked Tom to the Monday GUMS distribution group to have his picture taken with Marlin at Quincy Place. When Tom showed up Marlin thought he might like to dress better for the picture, so he went to his room to get his Editors cap and a better shirt for this photo.

Photo by Ralph Pedersen

Our Speaker Today

Paul Simon introduced Debbie Reinberg, MAcc, from ELDEResolutions (www.elderresolutions.com/), who helps with easing the tough conversations with the elderly. She is an eldercare specialist and mediator, along with being Paul's wife!



Her title was **Conflicts with Ageing**. She told a few jokes to put us at ease, e.g., A senior was asked to state an advantage in outliving friends and family. "No peer pressure," was her reply. Another lady wanted her ashes spread over the local Wal-Mart store. "Why," she was asked? "So my daughters would visit me at least twice a week."

Ageing can produce conflicts within a family. Mediation is a process through which people meet to resolve their differences in a peaceful, non-adversarial, confidential and mutually acceptable way. The process offers the opportunity to make decisions that will positively influence how

disagreements are resolved now and in the future.

Debbie as a mediator in family conversations helps everyone to talk, listen, acknowledge each other, and in sharing their opinions. These are sometimes tough conversations, but must be faced.

Some of her tips for families to ease conversations about elder issues are:

1. Plant the seed for discussion early.
2. Select a time to talk when everyone is ready and prepared.
3. Think ahead about your own goals for the conversation and about what feelings might get stirred up for you.
4. Start by expressing your concerns, without drawing any conclusions.
5. Speak to others as you would like to be spoken to (the "golden rule.")
6. Ask everyone at the table to express their solutions and concerns.

Thank you, Debbie, for being with us today and for your good advice. Debbie can be contacted at: 303-268-2280, or 303-268-2282 direct. Her email address is: debbie@elderresolutions.com.

Getting Ready for Halloween

What happens when you have too much time to prepare and when you:

- 1) have nothing to do
- 2) own a sharp knife
- 3) have a large lime
- 4) own a patient cat
- 5) drink too much tequila
- 6) and it's football season



Monaco South Calendar

Oct 30	Fri	7:00 am	Meeting, Legion Hall - TBA
Nov 6	Fri	7:00 am	Meeting, Legion Hall - TBA
Nov 6	Fri		Wine Tasting, Flemings Restaurant, \$30 per person
Nov 13	Fri	7:00 am	Meeting, Legion Hall - TBA
Nov 20	Fri	7:00 am	Meeting, Legion Hall - Camaraderie Day, Joe Marci on Tree Lot
Nov 24	Tue		Thanksgiving Dinners at Boys & Girls Club and Girls, Inc.
Nov 26	Thu		Thanksgiving Day
Nov 27	Fri	7:00 am	Meeting, Legion Hall - TBA
Nov 27	Fri	9:00 am	Christmas Tree Lot Setup

Past Presidents of the Optimist Club of Monaco South

Bob Rhue	1976-77	Gary Strowbridge	1993-94
Jerry Whitlow	1977-78	Mark Metevia	1994-95
Bill Kosena	1978-79	Bob Safe	1995-96
Duane Wehrer	1979-80	Tom Overton	1996-97
Curt Jefferies	1980-81	Peter Dimond	1997-98
Frank Middleton	1981-82	Ralph Symalla	1998-99
John Young	1982-83	Cy Regan	1999-00
Pat Bush	1983-84	Stan Cohen	2000-01
Bob Hugo	1984-85	Don St. John	2001-02
Tom Mauro	1985-86	Jack Rife	2002-03
Curt Lorenzen	1986-87	Karl Geil	2003-04
Oscar Sorensen	1987-88	Bryce Slaby	2004-05
Lupe Salinas	1988-89	Donlie Smith	2005-06
Bob Avery	1989-90	Paul Bernard	2006-07
Bill Litchfield	1990-91	Greg Young	2007-08
Bill Walters	1991-92	Phil Perington	2008-09
Kent Gloor	1992-93		

2009 - 2010 Officers

President	Ron Cisco	303-794-0749
Vice President	Howard Fry	303-601-5088
Vice President	Frank Ross	303-713-1008
Secretary	Robert Wardlaw	303-759-0360
Treasurer	Greg Young	303-759-3921

Board of Directors

George Buzick	303-803-2268
Michael Chavez	303-960-5304
Jim Easton	303-300-2431
Don Iley	303-840-7706
O.C. Larson	303-755-1213
Randy Marcove	303-667-3663
Gary Miller	303-751-0838
Terry Shroyer	303-757-7944
Kale Smith	720-207-4363
Phil Perington (Past Pres.)	303-832-4578

Newsletter Committee

Robert Finkelmeier	303-756-5829	rfinkelmeier@comcast.net	Jim Piccinelli	303-721-1470	jp Piccinelli@earthlink.net
Marc Goodbody	303-202-1610	mlgoodbody@gmail.com	Dick Zolman	303-796-8746	rzolman691@aol.com
Marlin Kent	303-779-0778		Phil Perington	303-832-4578	perington@msn.com
Jim Leuschner	720-851-7102	flyleusch@aol.com	George Buzick	303-803-2268	gtbuzick@comcast.net
Ralph Pedersen	303-759-3384	pedersen.ralph@q.com	Brian Williams	720-253-5731	bdw6688@yahoo.com

NEWSLETTER EDITORS Oct.: **RALPH PEDERSEN**, Nov.: **PHIL PERINGTON**, Dec.: **GEORG BUZICK**

THE OPTIMIST CREED — Promise Yourself . . .

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

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AT DENVER, COLORADO AND

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