

March 29 2013 – Vol. 38, Issue 26

## Optimist Club of Monaco South



Founded in 1976 at Denver, Colorado  
Serving Youth and the Community for 36 Years

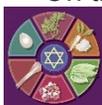
[www.monacosouth.org](http://www.monacosouth.org)

Editor for this Issue—John Oss



### Good Morning Optimist

On this 4<sup>th</sup> day of Passover for our Jewish members and Good Friday for our Christian members we come together this Friday morning. Our greeter's this morning were **Mike Short** and **Steve Kady** who met us with broad smiles and warm handshakes.



### Invocation and Pledge

Our illustrious leader, **Prez Paul Simon** was sitting down on the job, when he called us to order. **Frank Middleton** made up for Paul as he opened our meeting with a prayer—a prayer inspired by our upcoming induction of a new member. Once again we can all join in this occasion by reaffirming our commitment to the spirit of Optimism as expressed in our Creed. He then followed by leading us in our allegiance to our country. Frank injected an implied message by making strong use of the microphone to give parts of his pledge.



Photo John Oss

### Do We Have Guests

Yes! **John Swick** brought and introduced Randy Reves. It seems John wanted Randy to meet some fine men and scholars. That sure raised a question.

### Friendly Faces Back

**Prez Paul** recognized some friendly faces back in our midst. **Ron Cisco** and **JR Gieck** were with us. Its good see you and for you to be seen. And talk “health, happiness ...” **John Young** was back with his friendly smile still intact. He did wear a sling, due to his recent rotator cuff surgery.

Additionally **Bob Avery** pointed out that Leo Hagele

was with us today. Leo is a former member. It is nice to have you with us again.

### Member Update

**OC Larson** has been the object of concern. It seems he had a colonoscopy, they needed to remove part of his colon. He is home and he is doing well. This editor just called OC and cleared talking about his “:”, there was not a “;” as suggested at the meeting.

**Don StJohn, Donlie Smith, and Cy Regan** visited **Gary Laman** yesterday. He looked good, but has suffered a bit of a setback with his hip replacement. He moved far enough to injure the healing tissues. Warm thoughts, prayers and caring gestures mean a lot.

**Doug Morton** is experiencing cardio pulmonary diagnosis and treatment in Williamsburg VA. Recently a stent was necessary and further testing is planned. **Don St. John** has been in communication. He has mailed information back to friends. Doug says he hopes to be with us again in early May.

### Installation

**Prez Paul** called **Cap Herman**, our newest member, to come up and be inducted as a new Monaco South Optimist. Paul led him as he repeated all the appropriate words and committed himself as a new member.

Interestingly, a couple of months ago, Cap found us. He walked in off the street, picked up an application, filled it out and Paul Simon volunteered to be his sponsor. He is from Des Moines, Iowa. He is descended from very proud stock.

He shared that his great grandmother took the Optimist Creed as her own in 1976. Cap loved her dearly.



Photo John Oss

Cont. next page

#### Meeting Place

American Legion Hall Post 1

5400 East Yale Avenue (Yale & I-25), Denver, Colorado

Every Friday Morning, 7:00 – 8:00 am

\*\*\*\*INVITE A FRIEND TO JOIN\*\*\*\*

Cap brought along a picture of her. The picture shows her with the Optimists Creed right beside her. Below you can see him admiring that picture.



She passed away just a few days shy of a hundred and three years old. She is certainly a member of an elite group of optimists from whom we all can take inspiration.

## Announcements

**Tri-Star Basketball:** Jack Rife reports that the District Finals of Tri-Star Basketball were held at the Pepsi Center on Saturday, March 23<sup>rd</sup> prior to the Nuggets game. One hundred forty-four kids from throughout the state were invited and around 500 parents and friends watched the competition. Thirty-six winners were awarded trophies and participated in the Fan Tunnel to Hi-



Photos Craig Eley

Five the Nuggets as they entered the court. Governor **Phil Perington** handed out all the trophies. All the pictures were taken by **Craig Eley** and can be seen by [CLICKING HERE](#). Members and spouses that



helped were: **Michael Chavez, Gary & Patty Strowbridge, John & Verlee Greene, Bryce & Sue Slaby, Keith & Lois Galloway, Phil Perington, Craig Eley, and Jack & Kathy Rife.**

**Rockies Baseball:** On Sunday, May 19<sup>th</sup> Michael Chavez is looking for 45 adult volunteers to go to the Rockies versus the Giants game to help earn \$750 by handing out Rockies bobble heads. Let Michael know and mark your calendar.



**9 Health Fair:** Howdy Fry thanked **Jack Rife** for plugging for the event last week, which will be held at the Schlessman YMCA on Sunday April 21<sup>st</sup>. A full list of volunteers signed up last week. You should know that Jack Rife has done a lot of work in the background. He runs half a dozen training seasons for the health fair site coordinators. Jack, thank you for a successful program.



**JDRF 14<sup>th</sup> Annual Dream Gala:** **Dick Cohen** reported that the T1DOC (Type One Diabetes Optimist Club of the Rockies) held their first board meeting this past week and that he is recruiting volunteers to transport materials from the JDRF in the Tech Center office to the Hyatt downtown on Friday, April 19<sup>th</sup>. He stated he needs strong backs and weak minds. Editor: *Well, I fit the bill.*

**New Directory:** **Craig Eley** really needs a bunch of new faces. He is given up on you bringing a good



face. Therefore, he got a new camera. Look at those basketball pictures. You too can be a star! If you are a New Member you need to see **Craig Tom Mauro** added by saying, put your business card in the directory. Twenty-five dollars will return one million dollars. Last chance! See Tom for sponsorship and Craig for a better picture.

**Spring Ski Day at Copper Mountain:** **Bob Avery** says he will meet for breakfast, that day, April 2<sup>nd</sup> at 8:00 a.m. That is early enough. He has a nice group, but more are welcome. Call him quick.

**Redemption's Advocate:** **Bob Avery** also recommended an article that appeared in *The New York Times* ([CLICK HERE](#)), about Tom Clements, the executive director of the Colorado Department of Corrections, who was killed in his home on March 19, 2013. Read what Governor Hickenlooper says at the end of the article, "Clements and I didn't talk about religion when I met him. However, we did talk about redemption. Giving people a shot at that, he said, was what the prison system should do—and what he was dedicated to."

**USPS Has Problem with GUMS Newsletter:** **Oscar Sorensen** reported that there is a problem. It seems he cannot tell the left part from right when he gets his GUMS in the mail. Now that may seem like a weenie problem, but Oscar ran on about it for a long time. **Prez Paul's** timer was broken so there was no getting the microphone away from Oscar. Editor: *Oscar, you should take GUMS via email. It is much safer!*

**MSOC Board of Director Candidates:** **Oscar Sorensen** then reported that **Jon Wachter** has stepped up to run for president. **Craig Eley** and **John Oss** are running for vice president, and that we need to fill four board seats. Express your interest to **Oscar, Jack Rife, Joe Marci, Dr. Ed Fankhauser, or Kent Gloor** should you want to be apart of the elite group.



Photo John Oss

**Honesty Pays:** **Ed Collins** explained once again why honesty pays and why you should not try to pull a rabbit out of a hat unless you really know what you are doing! Editor: *I guess you had to be there to hear the story.*

**Membership Loss:** **Greg Young** reports that two members have dropped the club, **Dan Hugo** and **Peter Zafian**. We are sorry to see you go.



## Closing Bell

Did we have a drawing? You bet! Winners were **John Swick, Don St.John, Donlie Smith**, John's guest **Randy Reves, John Greene, Bryce Slaby**, and **Terry Shroyer**, who all had lucky tickets. Terry even followed-up by wearing his badge to get another opportunity to draw for the pot. No cigar! The \$40 survived and continues to grow.

**Peter van Dernoot**  
**The Children's Treehouse Foundation**

Prez **Paul Simon** made the introduction of our speaker this morning, Peter van Dernoot, is the Executive Director of the Children's Treehouse Foundation, [Click for Information](#), and the author of "Helping Your Children Cope With Your Cancer: A Guide for Parents and Families" and "Talking with My Treehouse Friends about: An Activity Book for Children of Parents with Cancer."



Peter related the story of his personal tragedy and shared the birthing and success of project CLIMB, which stands for Children's Lives Include Moments of Bravery, a free six-week program that provides support to children ages 5 through 12 who have a parent or other loved one touched by cancer. Half of men and a third of women can expect cancer during their lives. However, cancer is caught sooner now and life expectancies are increasing.

Peter's wife Alice was 41 when she got cancer. They did not know how to handle the children's concerns. Within three years, she was gone. Then Peter found a project at Porter Hospital. The project addressed the concerns of the children of cancer patients. It was a three-year-old program, successful in removing the guilt of the children.

The Children's Treehouse Foundation was established. Within that foundation, CLIMB was established. The children get past their guilt and their stress levels go down. With the children's stress level down the stress is less for the cancer patient and the family. It is a win-win.

The CLIMB program is now operating in 29 states. There are candidate health professionals in the remaining 21 states. Recruiting and training health professionals can extend the program to the entire country. At the end of three years we can have 10% of the nation's children covered. Peter invites us to join in the cause.

• See the Children's Treehouse video [CLICK](#)  
 • See Peter R. Van Dernoot talks about his book [CLICK](#)



**A Bit of Humor**

**Report from Maxine while at Starbucks:** *I was in Starbucks recently when I suddenly realized I desperately needed to break wind. The music was really loud so I timed my gas release with the beat of the music. After a couple of songs I started to feel better. I finished my coffee and noticed that everyone was staring at me! And, suddenly I remembered I was listening to my iPod. That's what happens when old people start using technology!*



<b>Super Citizen Presenters for April</b>		
<b>Apr 3 @ 8:30 am</b>	Highline	Ed Collins
<b>Apr 5 @ 1:00 &amp; 1:45 pm</b>	McMeen	Scott Walker
<b>Apr 15 @ 2:30 pm</b>	MPB	Joe Marci
<b>Apr 19 @ 8:30 am</b>	Slavens	John Stoffel
<b>Apr 19 @ 9:30, 10:15 &amp; 10:45 am</b>	Holm	Steve Kady
<b>Apr 26 @ 3:00 pm</b>	Bradley	Howard Fry

<b>Weekly Greeters</b>	
<b>Date</b>	<b>Greeters</b>
<b>4/5/13</b>	Frank Ross & Phil Perington
<b>4/12/13</b>	Terry Shroyer & Greg Young
<b>4/19/13</b>	Aaron Berry & George Buzick
<b>4/26/13</b>	Michael Chavez & Pat Bush

**Monaco South Calendar**

Apr 5 Fri 7:00 am Meeting, Legion Hall - Speaker TBA  
 Apr 12 Fri 7:00 am Meeting, Legion Hall - Speaker TBA  
 Apr 19 Fri 7:00 am Meeting, Legion Hall - Speaker TBA  
 Apr 26 Fri 7:00 am Meeting, Legion Hall - Speaker TBA

**Past Presidents of the  
Optimist Club of Monaco South**

Bob Rhue	1976-77	Mark Metevia	1994-95
Jerry Whitlow	1977-78	Bob Safe	1995-96
Bill Kosena	1978-79	Tom Overton	1996-97
Duane Wehrer	1979-80	Peter Dimond	1997-98
Curt Jefferies	1980-81	Ralph Symalla	1998-99
Frank Middleton	1981-82	Cy Regan	1999-00
John Young	1982-83	Stan Cohen	2000-01
Pat Bush	1983-84	Don St. John	2001-02
Bob Hugo	1984-85	Jack Rife	2002-03
Tom Mauro	1985-86	Karl Geil	2003-04
Curt Lorenzen	1986-87	Bryce Slaby	2004-05
Oscar Sorensen	1987-88	Donlie Smith	2005-06
Lupe Salinas	1988-89	Paul Bernard	2006-07
Bob Avery	1989-90	Greg Young	2007-08
Bill Litchfield	1990-91	Phil Perington	2008-09
Bill Walters	1991-92	Ron Cisco	2009-10
Kent Gloor	1992-93	Ed Collins	2010-11
Gary Strowbridge	1993-94	Randy Marcove	2011-12

**2012 - 2013 Officers**

President	Paul Simon	303-300-9940
Vice President	Craig Eley	303-758-9499
Vice President	Jon Wachter	303-204-5645
Secretary	Jack Rife	303-349-1280
Treasurer	Greg Young	303-759-3921

**Board of Directors**

Barry Barker	813-545-4533
Par Bush	720-747-5482
Michael Chavez	303-960-5304
Mike McMahon	303-514-5175
John Oss	720-210-8056
Allen Pierce	303-833-8506
Michael Short	970-261-6012
Scott Walker	303-517-1862
Randy Marcove (Past Pres.)	303-667-3663

**Newsletter Committee**

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Robert Wardlaw	303-525-2532	<a href="mailto:rlawardlaw@gmail.com">rlawardlaw@gmail.com</a>	Craig Eley	720-771-0866	<a href="mailto:craigceley@gmail.com">craigceley@gmail.com</a>

**NEWSLETTER EDITORS:** Mar **John Oss**, Apr **George Buzick**, May **Robert Wardlaw**, Jun **Pat Bush**

**THE OPTIMIST CREED — Promise Yourself . . .**

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.