



Grandiose Utterings of Monaco South

(GUMS)

June 11, 2010
Vol. 34, Issue 37

The Optimist Club of Monaco South

Founded in 1976 at Denver, Colorado

Serving Youth and the Community for 34 Years

www.monacosouth.org

Editor for this Issue—Brian Williams



Good Morning Optimists!

Our Greeters this Morning

Thank you to **Randy Marcove** and **Paul Gleditsch** for being our greeters this morning. An interesting note, Paul runs a non-profit called "Bring On The Music," which focuses on bringing musical instruments to kids. He participated in the MSOC picnic and received a donation of \$150 and an alto sax.

Invocation & Pledge

Paul Stratton did our invocation this morning and lead us in the pledge to the flag this morning.

World Cup Day

Today marks the start of the World Cup! Don't forget to cheer on the U.S. during this month of soccer bliss. USA, USA!



University Hills NA & MSOC Picnic

A special "thank you" to **Randy Marcove** for his time and exceptional work putting the MSOC Picnic together. Big thanks to Club and Board for contribution and support. Also, thanks to the American Legion Hall Post 1 for loaning us the BBQ grill. Also, thanks to **Kale Smith, Paul Gleditsch, John Young, Greg Young, Prez Ron, Donlie Smith, Bryce Slaby, Gary Strowbridge, Steve "Thumper" Kady, Russ Paul, Phil Perington, Don StJohn, Scott Walker, Jon Wachter, and Allen Yockey.**



Photos Greg Young

Somebody got a hole-in-one

Congratulations goes to **Frank Middleton!** It was reported that he had a hole-in-one at the Golf Club at Redlands Mesa in Grand Junction, CO, May 26, 2010 on the 17th hole from the Canyon tee, 149 yard par 3.

Recognition to Our Speaker Coordinator

President Ron recognized **Paul Bernard** for arranging and coordinating all the great speakers that we have for our Friday meetings! If you know of someone who would like to speak to us at one of our meetings, please let Paul know.

Announcements

Greeters: Dick Cohen let it be known that he is always looking for Friday morning greeters. Don't forget to sign-up. We have plenty of spaces to fill!

Volunteer at the Baseball Game: Curt Jefferies needs assistance handing out t-shirts to the fans on June 22nd at the Colorado Rockies game. You will receive a hat and t-shirt for your time. No tickets to the game will be provided due to an expected sell-out crowd. Ten more volunteers are needed. Call **Curt Jefferies** at 720-876-1776 if interested.

A History Lesson: *History of the Highland* (The care and keeping of old houses) will be held at the Lumber Baron Inn, 2555 W 37th Ave., on June 17th at 5:30 pm. This is a free event and open to the public. Please see or call this months editor, **Brian Williams** at 720-253-5731 if interested.

Meeting Place
American Legion Hall Post 1
5400 East Yale Avenue (Yale & I-25), Denver, Colorado
Every Friday Morning, 7:00 – 8:00 am
****INVITE A FRIEND TO JOIN****

Announcements Continued

Junior Golf: Joe Marci reminded us not to forget that tee times for Junior Golf at Fitzsimmons on June 11th have changed. Shotgun start will be at 10:30am.

MS Bicycle Ride: Bryce Slaby and Don St.John are looking for volunteers with the 2010 MS Bicycle Ride Rest Stop Station on June 27th in Longmont. They need about 5 more individuals. In addition to a delicious lunch, there will be entertainment at our rest stop. See Don to get signed up.



Musical Chairs with NO Music: This coming Friday, June 18th, is camaraderie day so it's a good day to sit at a different table. Get to rap with other Optimists and help new members and just integrate into the club. Everyone will be CARDED at the door.

OI Convention Pre-Registration Help Needed:

The Denver Convention is fast approaching and we desperately need help at the Advance Registration area. We only need two hours of your time. It's a lot of fun and a great way to meet new Optimists. We currently have openings on:

- **Thursday, July 8:** Noon - 2:00 pm, 2:00 - 4:00 pm, and 4:00 - 6:00 pm
- **Friday, July 9:** 7:30 - 9:00 am, 9:00 am - 11:00 am, 11:00 am - 1:00 pm, and 1:00 - 3:00 pm

Can you help? Please email **Sherman Phillips** at swphill@comcast.net and let him know which times work best for you. If you know of anybody else in that would like to help, we won't turn them away. If you can make it, training is scheduled for Thursday at 7:30 am and Friday at 7:00 am Denver Convention Center, Plaza Court 6. If you've already contact Sherman, no need to reconfirm.



This Weeks Super Market Sales: Cy Regan, our resident Superman, reported Super Market Sales:



King Soopers - \$1175.00

Safeway - \$50.00

Total - \$1225.00



See Cy to get involved in this Win-Win project.

Okay You Golfers: How much do you really know about golf?

This is multiple choice test. If you select a wrong answer, the ball moves only so far down the fairway and stops and you are charged with one stroke. Keep selecting the answers that you think are correct and the ball moves down the fairway until you get the right answer and the ball goes in the hole. If you have the correct answer right away, the ball goes directly in the hole - a hole in one. [Go To: Golf Trivia Challenge](#) or



<http://www.cincinnati.com/golf/golfquiz/html/brand.htm>.

Update on Jerald Davis

After seeing her dad's picture in the May 21, 2010 issue of GUMS, Jackie Dobrovolynty sent this email note.



June 2, 2010

Hi,

Hope all is well with you! Here we are starting the summer season and I am five weeks into the summer course I teach. Yikes!

First, we had to move Dad, as you may have already heard, from St. Andrews to a new place called New Dawn. It is about three blocks due north of St. Andrews. Dad needed to be in a place that specializes in Alzheimer's and other memory impairments. The place opened last summer and all of the staff has been trained by the Alzheimer's association. It is obvious that they have this special training and I enjoy watching them work.

So, Dad's official address is now mine. I receive the Monaco South Optimist newsletter, as well as the international publications. It was fun to see Dad's photo in the last newsletter. I took it over to Dad and he was able to read the text about the Super citizen awards. Given his current state, that is impressive. Please thank the newsletter editor for including Dad.

Finally, I have the Optimist Creed on a plaque; it was apparently part of an award given to Dad. The text is all upper case and that disappoints me because the research indicates that ALL UPPER CASE is much more difficult to read than standard upper and lower case. Sometime when we meet for lunch I can show you a summary of that research and why standard upper and lower case is easier to read.

My point is that in the future, when you are making these plaques for others, please consider using standard upper and lower case to make it easier for the recipient and his or her family to read it. I considered hanging the plaque on my wall because I do find the creed inspirational but the all upper case makes it nearly impossible for me to skim it and get that little boost.

Dad celebrated his 85th birthday on May 28th. We had a small party and he seemed to enjoy it. Perhaps that is newsworthy for the newsletter?

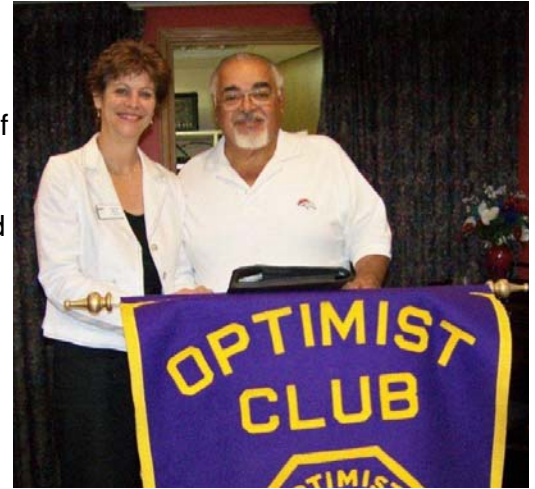
Dad's good friend from the Navy attended the birthday party. He is 87. The contrast between the two of them was shocking. Dad is in a wheelchair and needs someone to help him eat. His friend was volunteering at the Seniors golf tournament in Parker after our birthday party. He lives in Broomfield by himself and was driving to Parker in his new car. Very cool! Dad also has a difficult time carrying on a conversation because his brain does not accurately process what we are saying. For example, if I say, "Dad, I took my car to the car wash yesterday." He will say something like, "What did you do with the cat?" Ugh! Anyway, hope you are doing well.

Cheers, Jackie :-)

Some of you may want to drop Jerry a note via his daughter. Jackie's address is: 12281 E. Villanova Drive, Aurora, CO 80014, or jdoffice1@comcast.net. The main number of New Dawn is 303-997-2929.

Our Speaker

Our special guest speaker today was Carrie Nolan. She is the President of the Colorado Chapter of the National Multiple Sclerosis Society. The mission of the organization is to mobilize people and resources to drive research for a cure and to address the challenges of everyone affected by MS. Multiple Sclerosis is a disease that affects the central nervous system by disrupting the flow of information from the brain to the body. It is an elusive disease with no known cause and no known cure. Symptoms vary from person to person depending on where the central nervous system is affected, making it hard to diagnose. MS generally strikes in the prime of life – ages 20-50, and 73% of those diagnosed are women. The Colorado Chapter contributes research funds each year to the National MS Society's nearly \$40 million annual research budget. The Society is the largest private MS research funder in the nation, providing support for 335 research projects worldwide. The MS 150 is expected to raise \$3.2 million this year. More can be learned at: [Colorado Chapter MS](#).



Carrie Nolan, President of the Colorado Chapter of the National Multiple Sclerosis Society, on left, and MSOC President Ron Cisco.

Photo Don StJohn

I Have A Question



- If 4 out of 5 people SUFFER from diarrhea...Does that mean that one out of five enjoys it?
- Why do croutons come in airtight packages? Aren't they just stale bread to begin with?
- If it's true that we are here to help others, then what exactly are the others here for?
- What hair color do they put on the driver's licenses of bald men?
- I thought about how mothers feed their babies with tiny little spoons and forks, so I wondered what do Chinese mothers use. Toothpicks?
- Is it true that you never really learn to swear until you learn to drive?
- As income tax time approaches, did you ever notice: When you put the two words "The" and "IRS" together, it spells "THEIRS".

Weekly Greeters

Date	Greeters
6/18/10	Rich Wagner & Brian Williams
6/25/10	Fred Pasternack & Howard Fry
7/2/10	Rich Mahony & Paul Gleditsch
7/9/10	OC Larson & Jon Wachter
7/16/10	Howard Fry & Jim Easton
7/23/10	Frank Middleton & Frank Ross
7/30/10	Terry Shroyer & Russ Paul

Monaco South Calendar

- Jun 18 Fri 7:00 am Meeting, Legion Hall - Camaraderie Day
- Jun 25 Fri 7:00 am Meeting, Legion Hall - Jim Royals, Teacher, Author, Photographer
- Jun 27 Sun Bike MS - Multiple Sclerosis Fundraiser, See Don StJohn
- Jul 2 Fri 7:00 am Meeting, Legion Hall - Gerald Short, Water Conservation
- Jul 4 Sun Independence Day
- Jul 4 - 9 Sun-Fri 2010 National Veterans Wheelchair Games
- Jul 6 Tue 6:40 pm Optimist Day at Coors Field, Colorado Rockies vs. St. Louis Cardinals
- Jul 8-10 Thu-Sat 92nd Annual Optimist International Convention, Sheraton Denver Downtown
Hotel: online registration @ <http://www.optimist.org/reg/>
- Jul 9 Fri 7:00 am Meeting, Legion Hall - TBA
- Jul 16 Fri 7:00 am Meeting, Legion Hall - Camaraderie Day
- Jul 21 Wed 6:30 pm Board Meeting, District 4 Council Office, 3540 S. Poplar St., Suite 102
- Jul 23 Fri 7:00 am Meeting, Legion Hall - Shari Shink, Rocky Mountain Children's Law Center

**Past Presidents of the
Optimist Club of Monaco South**

Bob Rhue	1976-77	Gary Strowbridge	1993-94
Jerry Whitlow	1977-78	Mark Metevia	1994-95
Bill Kosena	1978-79	Bob Safe	1995-96
Duane Wehrer	1979-80	Tom Overton	1996-97
Curt Jefferies	1980-81	Peter Dimond	1997-98
Frank Middleton	1981-82	Ralph Symalla	1998-99
John Young	1982-83	Cy Regan	1999-00
Pat Bush	1983-84	Stan Cohen	2000-01
Bob Hugo	1984-85	Don St. John	2001-02
Tom Mauro	1985-86	Jack Rife	2002-03
Curt Lorenzen	1986-87	Karl Geil	2003-04
Oscar Sorensen	1987-88	Bryce Slaby	2004-05
Lupe Salinas	1988-89	Donlie Smith	2005-06
Bob Avery	1989-90	Paul Bernard	2006-07
Bill Litchfield	1990-91	Greg Young	2007-08
Bill Walters	1991-92	Phil Perington	2008-09
Kent Gloor	1992-93		

2009 - 2010 Officers

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Vice President	Frank Ross	303-713-1008
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Gary Miller	303-751-0838
Terry Shroyer	303-757-7944
Kale Smith	720-207-4363
Phil Perington (Past Pres.)	303-832-4578

Newsletter Committee

Robert Finkelmeier	303-756-5829	rfinkelmeier@comcast.net	Jim Piccinelli	303-721-1470	jp Piccinelli@earthlink.net
Marc Goodbody	303-202-1610	mlgoodbody@gmail.com	Dick Zolman	303-796-8746	rzolman691@aol.com
Marlin Kent	303-779-0778		Phil Perington	303-832-4578	perington@msn.com
Jim Leuschner	720-851-7102	flyleusch@aol.com	George Buzick	303-803-2268	gtbuzick@comcast.net
Ralph Pedersen	303-759-3384	pedersen.ralph@q.com	Brian Williams	720-253-5731	bdw6688@yahoo.com

NEWSLETTER EDITORS: Jun. **BRAIN WILLIAMS**, July **OC LARSON**, Aug **RALPH PEDERSON**, Sept **PHIL PERINGTON**

THE OPTIMIST CREED — Promise Yourself . . .

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

**PERIODICAL POSTAGE PAID
AT DENVER, COLORADO AND**

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