



Give Me "Five" for the Kids
Donne-m'en « cinq » pour les enfants
2008-2009

Grandiose Utterings of Monaco South

(GUMS)

April 10, 2009

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The Optimist Club of Monaco South



Founded in 1976 at Denver, Colorado

www.monacosouth.org

Editor for April—Bill Walters



Good Day Optimists!

All the News That's Fit to be Read

One of our greeters this morning was recently inducted new member **Harry Fegley**.

Invocation and Pledge

Jack Kitchell said grace and led us in the *Pledge of Allegiance*. We all sang *Take Me Out To The Ball Game* in disharmony!

Today is Opening Day of the Colorado Rockies. Lots of Rockies headgear adorned the heads of their adoring fans. Many were ready to have the Rockies start the road to the World Series.

You could feel the excitement in the air—so Play Ball!!!



Guests

Randy Marcove brought an interesting guest, Tom Hobbs. Tom belongs to Toastmasters and is a Public Speaker. He came to observe how a volunteer organization works and keeps members. Tom is a Dance Host & Instructor. He has danced on five continents. He also owns a business called Holiday Decorations, Inc. They are Restaurant Lighting Specialist. He also has a book in the works called *"Live with Enthusiasm or Get out of my Way."* You can contact Tom at: DanceTom@comcast.net. Come back and see us again, Tom

Announcements

Jack Kitchell, jumped up to get this announcement out, it seems brought a boat-load of fertilizer to unload, which is sold as a fund raiser by the DTC Optimist Club. Jack and Jack (Rife) are doing an outstanding job spreading the stuff around.

Annual Super Citizen Trip

Don Thomson reported that the trip by 54 Super Citizens to the Museum of Nature and Science this past week was the "best ever." Don and Tom McKee accompanied the kids on the trip, as did Don St.John who took pictures (see below and on page 2). All the kids received a "Peak-Pass" to visit the *Expedition Health* presentation, where they could swipe the pass in front of an exhibit.

They would then receive a card (like a baseball card) that explained that exhibit. All of the collected cards could be taken home. In one display, "Trip to Mt. Evans" you experience the climb in altitude, find out what hypothermia is, discover why there is less oxygen, etc. Before everyone boarded the bus for the ride home back to their school, they enjoyed a great lunch prepared by **John Marinis**.



Photo by Don StJohn

Don said we all should see this new exhibit. It is very educational and lots of fun.

Meeting Place
American Legion Hall Post 1
5400 East Yale Avenue (Yale & I-25), Denver, Colorado
Every Friday Morning, 7:00 – 8:00 am
INVITE A FRIEND TO JOIN

Announcements Continued Western Hoedown & Barbecue

The HOEDOWN is coming, the HOEDOWN is coming! **Bryce Slaby** wearing his Hoedown gear told us that the number signed up is the largest ever. **Frank Middleton** chimed in that this is cheap thrills AND neither he nor Bryce could Square Dance, but, it doesn't matter. Next Saturday, the 18th is the date. 6:00 pm at the Outpost, 10101 Colorado Ave, west of Havana. You still have time to get your \$42 (per couple) into Frank.



MS150 Talent Hunt

Bryce Slaby asked me to announce that if you know of kid groups that entertain he would like to know. He is looking for groups of kids to entertain the MS150 bike riders. Bryce is at 303-792-5224. Email is susanslaby526@hotmail.com.

Opera Colorado

Opera Colorado will be performing at Holm Elementary School on May 13th. This project is one of our projects to bring arts to the schools. All Optimists are invited to attend. For additional information, call **Bill Litchfield** at 303-782-0465

5th Annual Denver Rubber Duck Drop

Don't forget the Denver Rubber Duck Drop that takes place on Sunday, May 3rd from 12:30 to 3:00 pm, George Wallace Park (NE corner of DTC Blvd. & Belleview) reminded **Greg Young**. *Little Ducks Can Do Bib Things* per the flyer. This fund raiser for our Southeast Public Schools: Bradley International, Holm, Samuels, Slavens & Southmoor Elementary should be well supported by us because they do such a good job with our kids. Five ducks only cost \$20.



MSOC Membership Rooster Update

Look at the directory and make the necessary changes said **Tom Mauro**. The new directory is going to press soon and if you want to make changes, do it this week.

MSOC Group Picture

Craig Eley has the Group Picture from 77% Day. Only \$10 for this framed treasurer.

ELECTION DAY: FRIDAY, APRIL 17TH

Oscar Sorensen has always headed up these elections and is to be congratulated for keeping great leaders in charge of our club. BE HERE NEXT WEEK, CAMARADAERIE DAY AND ELECTIONS!

Annual Super Citizen Trip Continued

Some of the lucky Super Citizens from Samuels, Slavens, Holm, University Park, McMeen, Lowry elementary; Bradley International; and Hamilton Middle School, who participated in Expedition Health at the Museum of Nature and Science on April 9th. All of this was arranged and coordinated by Don Thomson. Assisting Don on the outing was Tom McKee and Don St. John.



Photo by
Don St. John



In the late 1970's John F. Brensike, a physician conducting heart disease research at the National Institutes of Health in Washington, D.C., became involved in cholesterol screenings. As he traveled the country, he observed a high level of interest from communities to provide screening services. However he noted that few screenings were available and the quantity varied. But more importantly, he noted that there was follow-up to the community.

From there, Dr. Brensike started the National Health Screening Council for Volunteer Organizations (NHSCVO) as a means of promoting preventative health maintenance. Through this organization, the health fair concept was born. The idea was presented by NHSCVO to interested communities across the country. In Colorado, NHSCVO approached Al Flanagan, then president KBTB Channel 9 in Denver, now 9NEWS. The television station recognized this effort's value to the community and agreed to provide both financial and media support to help launch the first health fair. All this is to get you ready to help work the up coming **9NEWS Health Fair**. We work at Schlessman YMCA on Sunday, April 19th at 7:00 am. **Howard Fry** leads this project.

Speakers Needed

If you know of speakers call or email **Paul Bernard** with ideas at 720.339.8025 or pxbernard@gmail.com.

This Mornings Speaker

Talk about doing a great job, **Paul Bernard** introduced another great speaker today. **Tim Powers** from the Colorado Bankers Association gave us a wonderful presentation about the financial problems we are having today. Tim gave us a great deal of information



Photo by Don StJohn

in a short period of time but he was very informative. I went to www.financialinfo.org and found a plethora of data. Over 8500 banks in the USA took TARP Funds. Why can't we get a loan from these banks then? Tim tried to answer that. No one liked his answers. I would invite you to go to this website and explore all the data available.

Adult Golf Tournament

The Adult Golf Tournament to raise funds for Junior Golf will be held on May 13th at Flatirons Golf Club in Boulder chipped Ron Cisco. Only \$100 for golf, cart, lunch and lots of fun PLUS \$50 of that goes to Junior Golf.

Vote for Jim Brown

Jim needs your vote! Our own **Jim Brown** is one of six candidates running for the Board of Directors, Optimist International Foundation and really needs your vote. Optimist members who gave at least \$36.50 (Dime-a-day) to the Foundation during the 2007-2008 fiscal years are eligible to vote. Online balloting begins March 1st and continues until May 1st. For those without internet access, please call 800-500-8130 and ask for Rachael Lowes to arrange alternate balloting procedures. For more information, you can go to: <http://www.oifoundation.org/>

DPS's History Day

Karl Geil and **Mike Chavez** judged DPS's History Day competition last Saturday. Karl says that club members are invited to judge Colorado History Day on May 2nd at University of Colorado-Denver. You can look forward to seeing some very interesting projects.

Supermarket Gift Card Sales

Does **Cy Regan** do a great job or what? Today Supermarket sales amounted to \$1,175. King Sooper Cards = \$1,025, while Safeway Cards = \$150. We get 5%. Last week was over \$2,000.



Monaco South Calendar

Apr 15	Wed	1:15 & 1:45 pm	Super Citizen, McMeen Elementary - Bob Avery, presenter
Apr 17	Fri	7:00 am	Meeting, Legion Hall - Camaraderie Day & New Officer Election
Apr 18	Sat	6:00 pm	Western Hoedown & Barbecue - Frank Middleton
Apr 17&18	Each day		Tamarac Optimist Club Garage Sale, 4060 S. Tamarac Drive.
Apr 19	Sun	7:00 am	9 Health Fair, Schlessman YMCA
Apr 21	Tue	6:30 pm	Board Meeting, 3540 S. Poplar, Room 102
Apr 22	Wed	2:30 pm	Super Citizen, Most Precious Blood - Jack Kleinheksel, presenter
Apr 24	Fri	7:00 am	Meeting, Legion Hall - Speaker pending
Apr 24	Fri	9:00 am	Super Citizen, Holm Elementary - Fred Pasternack, presenter
Apr 24	Fri	3:00 pm	Super Citizen, Bradley International School - Tom Hoch, presenter
Apr 25	Sat	All Day	District Board Meeting and Oratorical Contest - Castle Rock
Apr 29	Wed	1:15 & 2:00 pm	Super Citizen, Samuels Elementary - Gary Strowbridge, presenter
May 1&2			Furry Scurry, set up on Friday afternoon (3pm) & Saturday (5am)
May 2	Sat	7:00 am	Colorado History Day Judging/volunteers - Karl Geil
Jun 28	Sun	All Day	MS150 Rest Stop
Jul 8-11			Optimist International Convention, Kissimmee Florida
Sep 11-13	Weekend		Honeymoon/Getaway Weekend-Colorado Arlberg Club-Winter Park
Sep 26	Sat	6:00 pm	Monaco South Year End Banquet— SAVE THE DATE!

Past Presidents of the Optimist Club of Monaco South

Bob Rhue	1976-77	Kent Gloor	1992-93
Jerry Whitlow	1977-78	Gary Strowbridge	1993-94
Bill Kosena	1978-79	Mark Metevia	1994-95
Duane Wehrer	1979-80	Bob Safe	1995-96
Curt Jefferies	1980-81	Tom Overton	1996-97
Frank Middleton	1981-82	Peter Dimond	1997-98
John Young	1982-83	Ralph Symalla	1998-99
Pat Bush	1983-84	Cy Regan	1999-00
Bob Hugo	1984-85	Stan Cohen	2000-01
Tom Mauro	1985-86	Don St. John	2001-02
Curt Lorenzen	1986-87	Jack Rife	2002-03
Oscar Sorensen	1987-88	Karl Geil	2003-04
Lupe Salinas	1988-89	Bryce Slaby	2004-05
Bob Avery	1989-90	Donlie Smith	2005-06
Bill Litchfield	1990-91	Paul Bernard	2006-07
Bill Walters	1991-92	Greg Young	2007-08

2008 - 2009 Officers

President	Phil Perington	303-832-4578
Vice President	Al Gapuzan	303-770-0499
Vice President	Frank Ross	303-713-1008
Secretary	Rich Wagner	303-362-5328
Treasurer	Ron Gustas	303-770-9640

Board of Directors

George Buzick	303-985-0655
Dick Cohen	303-320-1767
Jim Easton	303-300-2431
Howard Fry	303-300-4466
Les Larson	303-755-1213
O.C. Larson	303-797-7432
Randy Marcove	303-667-3663
Gary Miller	303-751-0838
Greg Young (Past Pres.)	303-759-3921

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NEWSLETTER EDITORS 2009: **APRIL:** BILL WALTERS, **MAY:** ROBERT WARDLAW, **JUNE:** RALPH PEDERSEN, **JULY:** GREG YOUNG

THE OPTIMIST CREED — Promise Yourself . . .

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

PERIODICAL POSTAGE PAID
AT DENVER, COLORADO AND

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