



Grandiose Utterings of Monaco South

(GUMS)

October 29, 2010 – Vol. 35, Issue 5



The Optimist Club of Monaco South

Founded in 1976 at Denver, Colorado
Serving Youth and the Community for 35 Years

www.monacosouth.org

Editor for this Issue—Phil Perington



Good Morning Optimist

The morning began with our Greeters, **O.C. Larsen** and **Eldon Strong** merrily welcoming the arriving members with high-fives, upbeat conversation and some really funny one-liners. What a dynamic duo. **John Marinos** was busily making his famous breakfast burritos we all love, but almost ran out of due to the large number of hungry diners. It was another great breakfast at the MSOC dining hall. Gracias and many contented burps from all of us.

The Gavel Rings

President Ed gaveled the gathered smartly at 7:00 a.m. sharp. **Jack Kleinhessel**, a big fan of law and order himself, recited the invocation, "Respect for Law....," and then lead us in the Pledge of Allegiance. Apparently the election season had gotten under Ed's skin. He was wearing an old and ancient Ross Perot button, but proceeded to tell us a story of how the little general was going to come out of retirement and coax his crazy aunt out of the basement. As I understood it there was then going to be some kind of a major roundup involving all the Democrats and Republicans, ending with an airlift to some far away planet. By this time Sergeant-at-Arms, **Craig Eley** had enough and pounced. The fine was assessed and the Club is now \$5.00 richer. Sometimes freedom of speech is a little expensive.

Welcome New Member

New member **Fred Daniels** was heartily acknowledged and given a big hoorah.



Guests

Guests included our new Governor, **Ron Benson** from the Wheat Ridge club. Ron gave us all a big ol' thank you for everything we do, especially **Greg Young** as District Treasurer, and mentioned he was hoping the CO-WY District 25 would generate 100 new FOO (Friends of Optimist) members, many new Optimist Clubs District wide, and a JOOI Club in our Zone. Gov. Ron then announced he had a bag full of new District lapel pins with the motto, "Say YES for the kids." They are available for \$2.00 and quite a few were purchased. He then reminded everyone of the upcoming Super Zone meetings over the next two weekends. Thanks Governor, **Ron**, we always enjoy having you here!

Peter Dimond, who is soon closing on a major loan origination transaction, introduced his guest Jeff Gartz, with Wagner Equipment and also the President of the Denver Juvenile Diabetes Research Foundation (JDRF) Board of Directors. Jeff explained it was just a coincidence that our Guest Speaker, James Buckles the Executive Director of JDRF was on the program this morning. Someone then pointed out that our club was known for our and unusual happenings.

Tom Hoch introduced his guest, Thomas Raynor, CIC and Account Executive with ISU Insurance Services of Colorado, Inc., a company that has been in business since 1882. A couple of members nodded, as if seeming to remember their opening.

Jim Easton introduced John Oss who was busy filling out his application and writing a check. Welcome John! High fives and way to go guys!

Continued next page

Meeting Place
American Legion Hall Post 1
5400 East Yale Avenue (Yale & I-25), Denver, Colorado
Every Friday Morning, 7:00 – 8:00 am
****INVITE A FRIEND TO JOIN****

Guests Continued

Heather Wiles of Steele Street Bank & Trust, a new neighbor, 55 Adams Street, introduced herself and also declared she was helping with the *Cherry Creek Arts Festival*, scheduled for July 2-4, 2011.

Announcements

Grocery Sales: Someone wearing a very scary black, red and silver screaming ghoulish mask, reported that the Grocery Coupon sales were over \$2,000 (another \$100 for the scholarship fund) and that **Donlie Smith** would be returning later followed by a sinister laugh.



Photo Don St. John

Tough Shed Supports Tree Lot:

Bryce Slaby reported some good news. The Tough Shed guys are on board again this year for the Santa House and will get the Santa digs up and running. They also provided carpet last year and will again this year. Maybe a FOO membership from Santa would be a nice surprise for a Christmas gift?

New Directory: **Craig Ely** reminded everyone the

Directories are printed, in a very bright **Yuletide Red** (*It looks like our editor needs to have color-blind test*), and we can all thank **Doug Morton** for providing materials and printing at no cost to the club. Looks like Doug is going to be pretty high on Santa's good boy list. Thanks Doug, you're the best! Here's a big "atta boy." Thanks!



Super Saver Book: **Joe Marci** then gave the run-down on the *Super Saver* books stating he had 10 left and that each sale generated \$15 for the Scholarship fund. See Joe — he's not going to returning any

Tree Lot Meeting: Joe also added, there will be a Tree Lot planning meeting next Friday right after our regular meeting. The Super Citizen Awards for next week are at Hamilton. Please check the schedule. To which Don Thompson thanked everyone who volunteers for the Super Citizen Program.

Super Citizen Presenters: The November Super Citizen presenters have all been selected. Please check the schedule on page 3. To which **Don Thompson** thanked everyone who has volunteered for the Super Citizen Program so far. He also mentioned that in the month of October we have recognized 107 stu-

3rd Annual Homespun Craft Sale

Presented by the TAMARAC OPTIMIST CLUB

Saturday, Nov. 13, 2010 from 9am to 3pm

8 Cherry Hills Drive

Englewood, CO 80113

All proceeds benefit local children's projects!

Items will include Holiday decorations, centerpieces, baked goods, food and drink mixes, photos, paintings and gifts to treasures!

dents in 9 different schools. Soon to be new member, **John Oss** shared this pictures of the two student recognized at Highline Academy.



At left, Imani Fanga and below Anja Oss. Anja is John's granddaughter. He also presented both with a family picture.

Harry Fegley, looking dapper in his blue blazer, served as presenter.

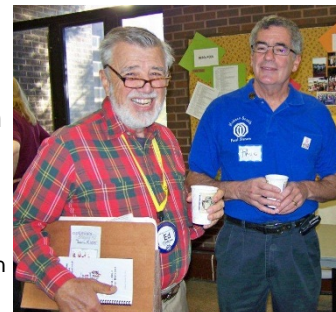


Broncos Update: Since **Fred Pasternack** wasn't in attendance—Fred is probably still reevaluating his "turning point" prediction—**Steve Kady** told us about the emergency crews and SWAT teams that were called to the Bronco Practice Field, only to discover that the mysterious white powder on the ground was really the goal line. Maybe the next time the Broncos decide to give up 50-60 points they wear their vertical striped socks. Where's Bronco Freddie?

Super Zone Meeting:

On Saturday, October 30th President, **Ed Collins** and Vice President, **Paul Simon** attended the Super Zone meeting held at the Littleton United Methodist Church.

Photo Don St. John



Weekly Drawing: The Drawing was for the Jack of Hearts and the \$10 pot with no winner, except for the guys getting a cup containing about \$7.50 each.

Name Tag Poker Chip Drawing: **Randy Marcove** was the lucky winner, but the Jack of Hearts eluded him as well. Sorry Randy!

Closing: **John Walsh**, last weeks winner who cleaned out the pot, brought us to a close by leading us all in the Creed. Thanks John!



The GUMS editors are pleased to announce that **Randy Marcove** will be joining their ranks and will be doing the December newsletter. Thanks Randy for stepping up!

Speaker

Ron Gustas introduced James Buckles, Executive Director of The Juvenile Diabetes Research Foundation (JDRF) International, Denver Chapter. Jim Gartz passed out rubber bands to everyone and asked us to put them on our wrist as a training exercise. The mission was accomplished without any serious incidents.

He went on to explain the difference between Type I and Type II Diabetes. Type I being the most serious and inflicting 3 million people of which up to 15% are children. Type II, it is estimated, affects up to 22 million people with perhaps another 5-6 million not aware they have the affliction. Type II is caused by sedentary and overweight complications. Type I is the killer. Without proper medication and attention serious things can occur, including loss of sight, limbs and life. This is all the result of insulin not being produced in the pancreas by causes unknown. When a person has an imbalance in blood sugar the diabetes kicks in. To combat this, the diabetic must take insulin on a regular daily basis. Hence, the rubber bands; Jim had us snapping our wrist for every time insulin is administered. We snapped 4 times. It was a good lesson.

One type of method used to administer insulin is via a pager-like glucose monitor attached to the body that injects insulin when needed. Surprisingly kids adapt to this method quite well. Ron pointed out that this could also be done by remote if a parent was having trouble with a child. Jim went on to honor Ron for his help at the JDRF's major fundraiser held at Elitch Gardens every year. The money raised is used on research conducted at the Barbara Davis Center. Recently 400 students, parents and faculty from a local school were successful in raising over \$18,000 through a fundraiser they organized for JDRF. It was noted that JDRF is the largest non-governmental funder of research into the cause of Children's Diabetes.



Photo Don StJohn

There are research centers around the world including, Australia, Israel, Canada and the UK. JDRF partners with the N.I.H and raises over 30 million dollars through direct mail annually. 85% of their budget goes directly to research and outreach. Diabetes symptoms may include excessive water consumption and urination, general weakness, unusual sweating and irritability. (This could also be a result of meeting your future mother and father-in law.) The most sensitive and easily affected parts of the body are the eyes, toes, nails and cuts. Vigilance is the key to staying aware of this serious disease. Jim closed by telling us about some exciting and hopeful research that is currently being explored, using umbilical cord studies in a 15-year research program. It is the great hope of JDRF to someday find the cause and cure of Diabetes especially as it affects and changes the lives of children. He also reminded the group that JDRF had provided two technicians this morning to test anyone for diabetes, free of charge. Thanks to Jim and Jeff for a very helpful program.

Super Citizen Presenters for November

Day	School	Presenter
4 @ 1:00 & 2:00 pm	Lowry	Paul Stratton
10 @ 8:00 am	Highline	Woody Thibodeau
17 @ 2:30 pm	MPB	Michael Chavez
19 @ 9:10 am	Holm	Craig Eley
19 @ 2:30 pm	Univ. Park	Eldon Strong
19 @ 3:00 pm	Bradley	John Young
23 @ 1:20 & 2:05 pm	McMeen	Jim Vander Kamp

Weekly Greeters

Date	Greeters
11/5/10	Russ Paul & Keith Gallaway
11/12/10	Jack Kitchell & Terry Shroyer
11/19/10	Craig Eley & Woody Thibodeau
11/26/10	Rich Mahoney & Steve Kady
12/3/10	Paul Stratton & Keith Gallaway

Monaco South Calendar

- Oct 31 Sun Halloween
- Nov 5 Fri 7:00 am Meeting, Legion Hall - Joe Priester, Embracing new Optimist Members
- Nov 12 Fri 7:00 am Meeting, Legion Hall - Jim Kroll, Denver Public Library Historical Section
- Nov 13 Sat 9 to 3 pm 3rd Annual Homespun Craft Sale, Tamarac Optimist Club
- Nov 17 Wed 6:30 pm Board Meeting, District 4 Council Office, 3540 S. Poplar St., Suite 102
- Nov 19 Fri 7:00 am Meeting, Legion Hall - Camaraderie Day
- Nov 23 Tue 4:00 pm Boys & Girls Club Thanksgiving Dinner
- Nov 25 Thu Thanksgiving Day
- Nov 26 Fri 7:00 am Meeting, Legion Hall - TBA
- Nov 26 Fri 9:00 am Christmas Tree Lot Setup
- Dec 3 Fri 7:00 am Meeting, Legion Hall - TBA

**Past Presidents of the
Optimist Club of Monaco South**

Bob Rhue	1976-77	Gary Strowbridge	1993-94
Jerry Whitlow	1977-78	Mark Metevia	1994-95
Bill Kosena	1978-79	Bob Safe	1995-96
Duane Wehrer	1979-80	Tom Overton	1996-97
Curt Jefferies	1980-81	Peter Dimond	1997-98
Frank Middleton	1981-82	Ralph Symalla	1998-99
John Young	1982-83	Cy Regan	1999-00
Pat Bush	1983-84	Stan Cohen	2000-01
Bob Hugo	1984-85	Don St. John	2001-02
Tom Mauro	1985-86	Jack Rife	2002-03
Curt Lorenzen	1986-87	Karl Geil	2003-04
Oscar Sorensen	1987-88	Bryce Slaby	2004-05
Lupe Salinas	1988-89	Donlie Smith	2005-06
Bob Avery	1989-90	Paul Bernard	2006-07
Bill Litchfield	1990-91	Greg Young	2007-08
Bill Walters	1991-92	Phil Perington	2008-09
Kent Gloor	1992-93	Ron Cisco	2009-10

2010 - 2011 Officers

President	Ed Collins	303-905-7572
Vice President	Randy Marcove	303-667-3663
Vice President	Paul Simon	303-300-9940
Secretary	Jack Rife	303-349-1280
Treasurer	Greg Young	303-759-3921

Board of Directors

Michael Chavez	303-960-5304
Henry Fegley	303-671-7182
Les Larson	303-755-1213
Wyatt McCallie	303-759-2275
Frank Middleton	303-759-9232
Terry Shroyer	303-757-7944
Kale Smith	720-207-4363
Brian Williams	720-253-5731
Ron Cisco (Past Pres.)	303-794-0749

Newsletter Committee

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Ralph Pedersen	303-759-3384	pedersen.ralph@q.com			

NEWSLETTER EDITORS: Nov **OC LARSON**; Dec **RANDY MARCOVE**; Jan **RALPH PEDERSEN**; Feb **PHIL PERINGTON**

THE OPTIMIST CREED — Promise Yourself . . .

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

**PERIODICAL POSTAGE PAID
AT DENVER, COLORADO AND**

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