

February 2, 2007
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GRANDIOSE UTTERINGS OF MONACO SOUTH
(GUMS)

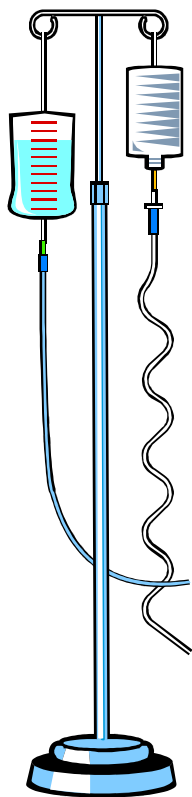
www.monacosouth.org

THE OPTIMIST CLUB OF MONACO SOUTH
FOUNDED IN 1976

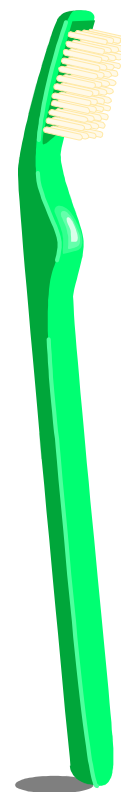


Editor: Ralph Pedersen

INFECTIOUS DISEASES



Paul Simon introduced Dr. Dan Perlman, a medical doctor specializing in infectious diseases, hospital based. He started with sexually transmitted diseases, foreign to this group, but good information for possible need in the future. He called on Fred for a demonstration of some kind, but Fred was too shy to oblige. He told about a study of shingles where 38,000 patients were injected 50-50 with sugar water and a vaccine. 600 with the placebo got shingles, only 300 got it with the vaccine, which increases immune system and decreases the pain involved. He recommends the vaccine for everyone from 60 to 85. He is disappointed that the government (FDA) has not approved any antibiotics during the past 5 years, while 22 drugs for the AIDS virus have been introduced. Other topics touched on were: malaria, post operative infection (staf), connection between mouth health and heart health.



MEETING PLACE
AMERICAN LEGION HALL POST NO 1
5400 E. YALE AVENUE, DENVER, CO
FRIDAY MORNINGS AT 7 AM

THE MEETING
of February 2, 2007

INVOCATION AND PLEDGE

Greg Young invoked the **God of Love and Life** in keeping with Valentine month. We then pledged our allegiance to the flag of the United States of America.

OPTIMIST JUNIOR GOLF

Prior to our regular meeting, this committee met at 6:15 AM to organize our participation in the Denver Golf Expo at the Merchandise Mart, February 9, 10 and 11. We will have a booth with applications to our Colorado/Wyoming District Tournament, and a video of the International Tournament in Florida.

KING SOOPERS CERTIFICATES

Cy Regan sold \$925, a bit short of our \$1,000 goal. Not a bad result, however, considering the cold weather. Remember, the club retains 5% from our purchases, a simple and painless way to help the club. Get in on this.

BRAIN BOWL

Karl Geil announced the competition for tomorrow morning. We will look forward to the results.

WIVES AND OTHERS TO BREAKFAST

This should read "Wives **OR** Others." Next week our meeting will be held at the University of Denver, **not** the Legion Hall. Same time 7 AM. A great program is advertised.

TAMARAC OPTIMIST CLUB
ANNUAL SOCK HOP

Please support our sister club in this fundraiser March 3 at the Legion Hall. Dinner starts at 6 PM, and the music will be provided by **Frank Ross** and the lovely **Marilyn Monroe**. New this year will be **FREE** dance lessons! Tickets will be on sale at our Friday morning meetings. Dinner and dancing is \$20 per person, or dancing only is \$12.50. Cotton socks are being collected for the Colfax Community Network.

THE GENEROUS DOUG MORTON

This from **Karl Geil**: I don't know if any of you noticed, but the sports sections of both local major daily newspapers, as well as several local radio stations' news departments, reported that the **Denver Broncos** had awarded a \$50,000 grant to the **Rev. Leon Kelly** to fight gang violence in the Denver metro area, and that the **\$50,000 grant was matched by our own Doug Morton**. If it's good enough for both the Post and the Rocky Mountain News, it probably deserves a mention in GUMS as well.

Yes, Karl, it does. Thanks for calling this to our attention.

The Editor

LOVE ONE ANOTHER

when it hurts
when nothing is given in return
when your first instinct is to lash out
when you feel justified to stop trying
when your desire is to just pretend things are okay

Love one another

Trevor Gi

SUPER CITIZEN SCHEDULE

Thu. Feb 15 2:30 MPB **Jack Rife**
Fri. Feb 23 9:00 Holm **Bill Wells**
Fri. Feb 23 3:00 Bradley **Joe Marci**



WHAT DO YOU VALUE?

To realize the value of a brother, ask someone who doesn't have one.

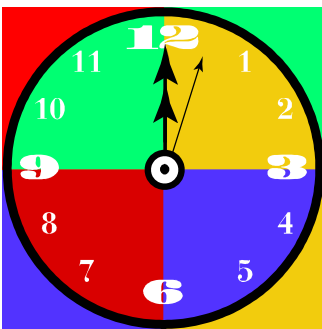
To realize the value of four years, ask a graduate.

To realize the value of one week, ask an editor of a weekly newsletter.

To realize the value of one second, ask a person who survived an accident.

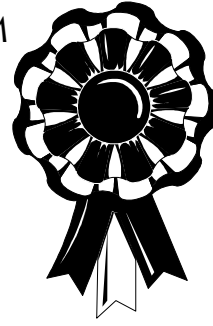
TIME WAITS FOR NO ONE!

Treasure every moment you have.



COMING EVENTS

Sat, Feb 3, 7 AM
Bowl, TJ High



Brain
School

Fri, Feb 9, 7 AM Wives & Friends to
Breakfast, DU Restaurant School



Fri, Feb 9-11 Denver Golf Expo, Denver
Merchandise Mart. MSOC staffs
Junior Golf booth.



Fri, Feb 16, 7 AM Meeting, Legion Hall
Jennifer Auen, "Starbucks
Community"



Fri, Feb 23, 7 AM Meeting, Legion Hall
Nate Baldwin, "Adult Sports"



Past Presidents

Bob Rhue	1976-77	Bill Walters	1991-92
Jerry Whitlow	1977-78	Kent Gloor	1992-93
Bill Kosena	1978-79	Gary Strowbridge	1993-94
Duane Wehrer	1979-80	Mark Metevia	1994-95
Curt Jefferies	1980-81	Bob Safe	1995-96
Frank Middleton	1981-82	Tom Overton	1996-97
John Young	1982-83	Peter Dimond	1997-98
Pat Bush	1983-84	Ralph Symalla	1998-99
Bob Hugo	1984-85	Cy Regan	1999-00
Tom Mauro	1985-86	Stan Cohen	2000-01
Curt Lorenzen	1986-87	Don St. John	2001-02
Oscar Sorensen	1987-88	Jack Rife	2002-03
Lupe Salinas	1988-89	Karl Geil	2003-04
Bob Avery	1989-90	Bryce Slaby	2004-05
Bill Litchfield	1990-91	Donlie Smith	2005-06

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Treasurer	George Buzick	303-985-0655

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Scott Walker	303-409-6171
Bill Litchfield	303-782-0465
Todd Olson	303-759-4228
Bill Wells	303-757-8013
John Young	303-692-8202
Donlie Smith (Past Pres.)	303-759-0380

THE OPTIMIST CREED — Promise Yourself . . .

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

PERIODICAL POSTAGE PAID
AT DENVER, COLORADO

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