



Grandiose Utterings of Monaco South (GUMS)

August 19, 2016 – Vol. 40, Issue 46



Optimist Club of Monaco South



Founded in 1976 at Denver, Colorado
Serving Youth and the Community for 39 Years
National Philanthropy Day Colorado, Outstanding Service Organization, 2012
www.monacosouth.org

Editor for this Issue—George Buzick



Good Morning Optimist

While the weather was a bit cool, the greetings from **Paul Gibson** and **Gary Strowbridge** were warm on this "Camaraderie Day." In the absence of **Frank Middleton** and his decks of cards, there were no "assigned" seats, but there were a lot of conversations going on at the same time.

In the absence of President **Michael Chavez** (he's on vacation), Vice President **Chris Dunphy** called the meeting to order and asked **Ron Cisco** to lead our invocation and pledge.



A hearty breakfast of ham, scrambled eggs, hash browns and peaches was enjoyed by the group.

At left, VP Chris Dunphy calls the meeting to order.
Photo Noel Hasselgren

Guests

We were joined today by Dave Sennes. Ken (not Kent) Duffy was here for the fourth time, but this time as a fledgling member. Ken's application will be voted on at the next meeting. Welcome Ken and thanks to **Bob Avery** for bringing him into the club!

Announcements

Need for SC Photographers: Don Thomson, standing in for **Robert Wardlaw**, made another plea for presenters and photographers for the Super Citizen programs that occur throughout the school year at 10 different elementary schools. He also suggested that, even if you are not an active participant, you should visit one of these presentations to see the excitement generated by this program award winning program.

New GUMS Photographer: It was announced that **Noel Hasselgren** has graciously offered his services as "chief photographer" for *GUMS*, to replace **Don St. John**. Welcome to Noel and thanks to Don for all the pictures he has taken for the past many years. By the way, this does not mean that our *GUMS* chief editor will not except other photograph's from

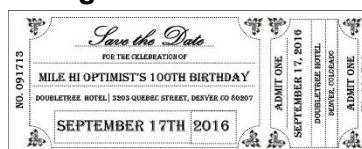
those who use their smart phone. The *GUMS* chief editor pays dearly for impromptu photos, videos, and words of sincere wisdom. Please send them to our *GUMS* chief editor at the email address on page 4.

40th Year Celebration & Installation: Greg Young reminded everyone of the upcoming 40th anniversary gala and officer installation, which will be held on Saturday afternoon, September 24, beginning at 11:30 a.m., at Maggiano's, the Cost is \$30/person.

Sullivan Scholarship Fundraiser: Joe Marci said, while he does not have a "Dime-A-Day" program for *Entertainment Books*, he would consider making a deal for \$3 a month for twelve months. That is only \$36 dollars for a book that only sells for \$35. Such a deal! Proceeds go to support the Sullivan Scholarship fund.



Mile High Optimist Club 100th Celebrating: Greg Young announce that in order to fill a table for



eight, we need two more to sign up for the Mile High Optimist Clubs 100th Year Anniversary Celebration on September

17th, at the Doubletree Hotel, starting at 5 p.m. The tickets cost \$65.00 per person. Please contact Greg Young as soon as possible if you want to attend with the OCMS group. Checks should be made out to OCMS. Greg will make the reservation.

2016 JDRF OneWalk: Ron Gustas requested OCMS members to help with the 2016 JDRF One-Walk site set-up at the Jeffco County Fairgrounds. The "Walk" is to raise research funds seeking a cure and improved treatment options for Type1 Diabetes (T1D). Help is needed Saturday, September 10 starting at 9:00 a.m. to pop tents, locate tables and chairs, tie up banners, etc. For years OCMS members have helped make the JDRF volunteer supported "Walk" a success. Please email Ron at rgustas@earthlink.net if you can help support the kids and adults with T1D.

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Meeting Place
American Legion Hall Post 1
5400 East Yale Avenue (Yale & I-25), Denver, Colorado
Every Friday Morning, 7:00 – 8:00 am
******INVITE A FRIEND TO JOIN******

Announcements Continued

Also, **Ron Gustas** welcomed members to "Walk" with and/or make a tax deductible donation to support either his granddaughter "Ellie's Diabetes Busters" team or the "Type 1 Diabetes Optimist Club-T1DOC" team. To join and/or donate on line please click on either <http://www2.jdrf.org/goto/ElliesDiabetesBusters> or the T1DOC team at <http://www2.jdrf.org/goto/optimist>. The "Walk" check-in time starts at 8:00 a.m. on Sunday, September 11th.

CO-WY District Convention: **Curt Merrill**, current Governor of the CO-WY District asked for the club's support in attending the annual district convention in Fort Collins, on August 26-28. He also mentioned that both Windsor Gardens and Heather Gardens had added more than 10 members this year. Even if you can only come for the Saturday portion of the meeting, this is a great time to meet Optimists from all over the state and to share information regarding successes in various clubs. See the district website for details and times at <https://www.optimistcowy.org/>.

Palisade Peaches: **Bob Finkelmeier** said that there would be one more peach shipment. So if you are interested in getting another box, let Bob know ASAP. The cost is \$30 per box and it includes a small donation to the club. He also mentioned that the ladies of Tamarac Optimist have purchased more peaches than the men of Monaco South. *Editor: The peaches are delicious!*

Colorado Rockies Give Away: If you are reading *GUMS* right now you either missed this opportunity or the Colorado Rockies with the Chicago Cubs game is over. However, here is a reminder about working the Rockies game on Sunday, August 21st. We need a few more volunteers for this date. Parking is \$1.00 and you get a free ticket to the game. Work starts at 11:30, game at 1:15. Check with Michael for other info. (303-960-5304) By the way, currently the Rockies are winning with a score of 10 to nothing at the top of the 5th inning.

New OCMS Website: In the absence of club vice president **Craig Eley**, it was mentioned that everyone will be contacted by **Maria Wallace** who is helping with the development of the new website. For those who have already received a notification from Maria be aware that it is not spam, phishing, or an attempt to obtain sensitive information, but only a process for setting up your password for the new website. Once Craig returns he will provide additional insights into this new website and its benefits. See the information box on the right for additional information.

Editorial by our editor

Since there was no speaker this morning, this editor would like to share his thoughts as a long time member of several Optimist Clubs:

October 1... That magical date when one Optimist

40th Year of Monaco South

The Celebration & Installation will take place on **Saturday, September 24th at Maggiano's Little Italy, 7401 South Clinton, Englewood, from 11:30 a.m. to 3:00 p.m.**
Cost is \$30 per person

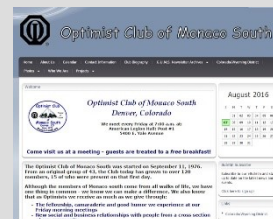


administrative year ends and another begins. Magical? I don't think so! In the life of a kid, it's just another day. In the life of many kids it's another horrible, no good, very bad day. That's why we can't afford to have one administration winding down while another gears up. We need to "keep the pedal to the metal" when it comes to serving kids, no matter who the Club President is. Our goal should be to make the change of administrations as seamless as possible and to work tirelessly in pursuit our mission that: "By providing hope and a positive vision, Optimists bring out the best in kids."

As one of the flagship clubs in the District, we—the Optimist Club of Monaco South—need to ensure that strong leadership is in place within our club so we can continue to provide service to the youth of our communities, incorporating the ideas and the talents of newer members in order to maintain programs which are relevant to today's youth. We need to maximize the use of the talents of all members and not get locked in to the same programs run by the same people year after year. We need to get excited about our roles in developing youth. Excitement is contagious and will generate enthusiasm, not only among those whom we serve, but also within our own ranks. We need to work together to help those clubs who may not have the resources to accomplish all that needs to be done. We need to work in an environment of friendly competition and teamwork.

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New OCMS Webpage is Coming



Monaco South President Elect **Craig Eley** shared that a new Monaco South Webpage is coming and he is in need of a few people to help post content on the new website. He especially needs someone to maintain the web calendar on a weekly basis. If interest in volunteering contact Craig Eley at craigceley@gmail.com.

Editorial Continued

Let's maintain a constant speed, continue to perform at top level, and give our best efforts regardless of who may be at the helm. Support club leaders in continuing the efforts of all of the Optimists—back to 1919—who have provided a platform for those of us who are currently serving the kids of the Colorado/Wyoming District. Let's launch from this platform with the thought in mind that there is no "Jon Wachter year," or "John Oss year," or "Michael Chavez year," there is no "Craig Eley year," there is only **"The Year of the Kids."**

Repacking Your Bag: Does all this Make You Happy? By John Young

We cannot live the afternoon of life according to the program of the morning.

The person you are at mid-life (or later) is not the person you will be for the rest of your life.

Unpacking means taking a long, hard look at what we're carrying and why. Seeing if our possessions, responsibilities, and relationships are still helping us forward, or are they dragging us down.

Repacking is the ongoing activity of reevaluating and reinventing. Rearranging our vision of the good life, and recovering a new sense of being alive, and maintaining a sense of purpose and direction in our lives.

Many people are laboring through their lives weighed down by attachments that no longer serve them.

What we carry in our bags defines how we spend our time, and how we spend our time determines how we live and who we are. Sadly, many of us are laboring in ways that are unrelated to the things we really want to do with our lives.

Happiness has more to do with Experiencing than with Having

The things we buy don't satisfy us, but we keep grabbing for more. We're addicted to accumulating, but our tolerance level is so high that enough is never enough.

The good life is a process, not a state of being. It is a direction, not a destination.

Integrity is keeping the small promises you make to yourself.

The ingredients of a good life are an integration of place, love, work, and purpose.

Living in the place you belong, with the people you love, doing the right work, on purpose.

Don't look for more relationships; look for more out of those you already have.

Great breakthroughs result from a single moment in which a person lets go of their usual assumptions and looks at things from a new point of view.

People do not always make breakthroughs by refusing to quit. Sometimes they make them because they know when to quit. When they realize that enough is enough, that old patterns aren't serving them, that it's time to repack their bags.

People who "stay packed" out of fear or unwillingness to let go gain only a false sense of security.

Many people end up carrying their bag the rest of their lives, long after it's outlived its usefulness.

Are the bags that you're carrying still the right ones for where you are going for the rest of your life?

First, decide how much you're really willing to carry and second, decide what goes and what stays.

Many people feel crushed by the load they themselves have accumulated. They believe they can't possibly unpack their bags because other people are depending on them to carry the load. But nine times out of ten, when we ask them if they've discussed their feelings with their loved ones, they tell us they haven't. As it turns out, many people are carrying more than they like for reasons that don't really exist.

Why are we doing this? If we don't ask we don't know. And if we don't know, we can't change.

The letting go of things is a natural part of life. In order to keep moving forward, we have to occasionally leave things behind.

Have your mid-life crisis on purpose! We worry constantly about making a living, but rarely about making a life.

How many of your friends are "nutritious people"? People who genuinely "feed" our souls, listen without judging, and love us with the fewest plans for our improvement.

Feelings "buried alive" rise from the grave to haunt us with illness and disease. When we keep our emotional bags packed, we lose touch with others and ourselves.

Carrying too much weighs us down. Carrying too little leaves us isolated and vulnerable.

One of the reasons people get old and lose their aliveness is that they get weighed down by all their stuff. How much of your "stuff" is helping you get where you're going and how much is just weighing you down?

Learn to say "no" to other people in order to say "yes" to yourself.

When you live your life as if you will live forever, it becomes too easy to postpone the things you know that you must do. You live your life in preparation for tomorrow, or in remembrance of yesterday, and meanwhile, each today is lost.

Lots of times, people put up with painful situations much longer than they need to. They're afraid to let go because they don't know what's coming next—if anything. But once they're out of them, a whole new world opens up. Their self-worth skyrockets. As a result, they tend to attract more and even better responses, and the process feeds on itself, opening up increasingly richer options all the time.

Some Camaraderie



Photos Noel Hasselgren

Weekly Greeters

8/26/16

Frank Middleton & Cap Hermann

Optimist Club of Monaco South 2015-2016 40th Birthday Year — Chartered in 1976

Aug 26 Fri 7:00 am Meeting, Legion Hall: TBA

Aug 26-28 CO-WY 4th Quarter Conference & Convention, Fort Collins Marriott

Sept 2 Fri 7:00 am Meeting, Legion Hall: TBA

Sept 9 Fri 7:00 am Meeting, Legion Hall: TBA



**Past Presidents of the
Optimist Club of Monaco South**

Bob Rhue	1976-77	Tom Overton	1996-97
Jerry Whitlow	1977-78	Peter Dimond	1997-98
Bill Kosena	1978-79	Ralph Symalla	1998-99
Duane Wehrer	1979-80	Cy Regan	1999-00
Curt Jefferies	1980-81	Stan Cohen	2000-01
Frank Middleton	1981-82	Don St. John	2001-02
John Young	1982-83	Jack Rife	2002-03
Pat Bush	1983-84	Karl Geil	2003-04
Bob Hugo	1984-85	Bryce Slaby	2004-05
Tom Mauro	1985-86	Donlie Smith	2005-06
Curt Lorenzen	1986-87	Paul Bernard	2006-07
Oscar Sorensen	1987-88	Greg Young	2007-08
Lupe Salinas	1988-89	Phil Perington	2008-09
Bob Avery	1989-90	Ron Cisco	2009-10
Bill Litchfield	1990-91	Ed Collins	2010-11
Bill Walters	1991-92	Randy Marcove	2011-12
Kent Gloor	1992-93	Paul Simon	2012-13
Gary Strowbridge	1993-94	Jon Wachter	2013-14
Mark Metevia	1994-95	John Oss	2014-15
Bob Safe	1995-96		

2015 - 2016 Officers

President	Michael Chavez	303-960-5304
Vice President	Chris Dunphy	720-297-3111
Vice President	Randy Marcove	303-840-7706
Secretary	Craig Eley	303-758-9499
Treasurer	Greg Young	303-759-3921

Board of Directors

Barry Barker	813-545-4533
Pat Bush	720-254-3741
Jim Easton	720-987-7684
Tom Glazier	303-522-5214
Cap Hermann	303-587-5575
Allen Malask	303-726-3700
Bill Morgan	303-868-4384
Allen Pierce	303-883-8506
John Oss (Past Pres.)	720-210-8056

Newsletter Committee

Robert Finkelmeier	303-756-5829	rfinkelmeier@comcast.net	Ralph Pedersen	303-759-3384	r.pedersen2658@comcast.net
Jim Piccinelli	303-721-1470	jp Piccinelli@earthlink.net	Phil Perington	303-832-4578	perington@msn.com
Dick Zolman	303-796-8746	rz6267@gmail.com	Paul Stratton	303-366-6375	pcstratton@comcast.net
George Buzick	303-803-2268	gtbuzick@comcast.net	Pat Bush	720-254-3741	pbush@bushreese.com
Robert Wardlaw	303-525-2532	rlawardlaw@gmail.com	Craig Eley	720-771-0866	craigceley@gmail.com

NEWSLETTER EDITORS: Aug **George Buzick**, Sept **Robert Wardlaw**, Oct **Pat Bush**, Nov **Paul Stratton**

THE OPTIMIST CREED — Promise Yourself . . .

To be so strong that nothing can disturb your peace of mind.
 To talk health, happiness and prosperity to every person you meet.
 To make all your friends feel that there is something in them.
 To look at the sunny side of everything and make your optimism come true.
 To think only of the best, to work only for the best, and to expect only the best.
 To be just as enthusiastic about the success of others as you are about your own.
 To forget the mistakes of the past and press on to the greater achievements of the future.
 To wear a cheerful countenance at all times and give every living creature you meet a smile.
 To give so much time to the improvement of yourself that you have no time to criticize others.
 To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.