



# Grandiose Utterings of Monaco South

(GUMS)

March 25, 2011 – Vol. 35, Issue 26



## The Optimist Club of Monaco South

Founded in 1976 at Denver, Colorado  
Serving Youth and the Community for 35 Years

[www.monacosouth.org](http://www.monacosouth.org)

Editor for this Issue—George Buzick



### Good Morning Optimist

Joe Marci, Gary Miller and Doug Arnold were our greeters for the day. They also had a get well card for Bill Walters, which everyone was asked to sign.

### Morning Bell

President Ed Collins called the meeting to order promptly at 7:00 a.m., and provided the invocation, reminding us to “talk health happiness and prosperity,” followed by the Pledge to our flag. John Marinis provided his usual great breakfast, outdoing himself this morning with delicious green chili burritos.

### Guests

James Riley, your friendly just down the block plumber, was Freddie Pasternack’s guest for the third time. Freddie had referred a friend who had plumbing problems to James, with instructions not to pay him for the work until he promised to join MSOC. We’re still waiting.

Jack Phillips who previously resigned from the club showed up again this week. He stayed for the whole meeting and will be rejoining us. Welcome back, Jack!

A couple of wayward members we haven’t seen for a while were also present this morning. Good to see Wyatt McCallie, Neil Alderson, and Allan McCall.

### Utterings from the Prez

President Ed said that Bill Walters was still undergoing chemotherapy, but that the bone marrow transplant was being postponed until Bill was a little stronger. Bryce Slaby reported that he had heard that the transplant would probably take place next week and also that Bill had received some 60 phone calls and really appreciated the fact that we are thinking about him. Tom Hoch videotaped the March 11<sup>th</sup> “St. Patrick’s Day meeting” and is going to send a copy to Bill to cheer him up. Hopefully Tom will upload or show

his video magic so we all can see what he captured.

President Ed said that the new member orientation held



this week had gone very well. Six new members attended the orientation presented by Jim Easton, Randy Marcove, Les Larson and Greg Young. In conjunction with the new Mentoring Program, this can be an extremely valuable tool in retaining members and helping them to understand more clearly what Optimism is all about. Thanks to all those who are involved in these activities. See Greg’s PowerPoint presentation attached with the electronic version of GUMS—something to be proud of!

### Announcement

**DTC & Mile High Optimist Club Events:** It seems to be the season for silent auctions. Denver Tech Center Optimists are having their annual wine tasting and silent auction at Citron Bistro (Yosemite and Hampden) on Saturday, April 2<sup>nd</sup>, from 2 to 4 p.m. and Mile-Hi Optimist Club is having their annual silent auction on Saturday, April 16<sup>th</sup>. See flyer with electronic copy of GUMS. President Ed was soliciting articles for these auctions and suggested cleaning out your garage. I’m thinking they might be looking for something with a little more class than can be found in most garages, but I’m sure your support would be appreciated.

**History Day:** Karl Geil reminded us again of History Day. The state contest will be held on May 1<sup>st</sup>, while the DPS qualifying contest will be held Saturday, April 9<sup>th</sup>. There is a need for judges at both levels. Judges training to be held Saturday, April 2<sup>nd</sup>. Contact Karl for details.

**9 Health Fair:** John Stoffel said that he had been active in lobbying to keep the Channel 9 Health Fair on the tax check-off list for the Colorado State income tax. Apparently, an organization has to have a minimum of \$75 thousand pledged through checking off on

Continued next page

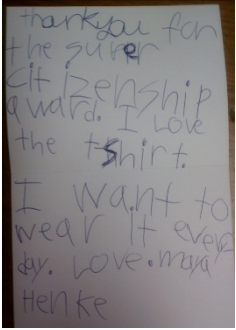
Meeting Place  
American Legion Hall Post 1  
5400 East Yale Avenue (Yale & I-25), Denver, Colorado  
Every Friday Morning, 7:00 – 8:00 am  
\*\*\*\*INVITE A FRIEND TO JOIN\*\*\*\*

## Announcements Continued

your state income tax form to stay on the list so, if you haven't done your state income tax yet, pledge a couple of dollars of that refund you're getting to Channel 9 Health Fair.

### Super Citizen Recognition: John Oss, one of our

newer and more active members, ("he's everywhere, he's everywhere"), read a Thank You note from Maya Henke a student and recent recipient of the Highline Academy Super Citizen program, who said she would like to wear her Super Citizen tee shirt every day. The note reads, "Thank you for the Super Citizenship award. I love the t-shirt. I want to wear it every day. Love, Maya Henke."



Maya, holding her certificate, with her parents on the left and her teacher on right.

Interestingly, Maya is the daughter of former MSOC member Scott Henke. As some of you may recall, Scott spoke with us in October 2007 about Computers and then was enticed to join. He now needs to be encouraged to come back.

### Additionally, John Oss was the photographer at

Holm Elementary when **Don Thomson** and **Donlie Smith** recognized Susan Freeland who has been supporting and coordinating our Super Citizen there. Susan Freeland was recognized for 29 years of service and will be retiring this spring.



On right is principal, James Metcalf, Don Thomson, Susan Freeland, holding a framed t-shirt, and Donlie Smith. Photos John Oss

Rangeview Optimists: Fred Pasternak announced that Rangeview Optimists would be holding an "All you can eat" breakfast at the Applebee's at 14091 E. Iliff Avenue (Iliff and I-225) beginning at 7:00 a.m. on Saturday, April 30<sup>th</sup>.

King Soopers Cards: Treasurer, **Greg Young**, announced that, in the future, the King Soopers cards would be reloadable, i.e., you buy a card and it can reload at King Soopers. The club will still get our 5%. This will relieve some of the administrative burden for **Cy Regan**, who has been doing a fantastic job of overseeing this program. Safeway cards will still be sold at the regular meetings. Just because we won't actually be selling King Soopers cards at the meetings does not mean that you shouldn't still support this program. It's easy money to support our club activities.



Kids Against Hunger: Paul Bernard reminded us again that we need a few more members to participate in the Kids Against Hunger program. Plan to be there from 8:00 a.m. to

Noon on Saturday, April 2<sup>nd</sup>. See Paul for details.

Upcoming Election: **Oscar Sorensen** (not with an "o") said that we are well on our way to filling the slate of officers and directors. So far we have candidates for President (Randy Marcove), running for Board Members are: **Fred Pasternak**, **Paul Gleditsch**, **Allen Pierce**, and **Phil Perington**. We still need a couple of Vice Presidents. **Bill Wells** reminded us he was also running, that is for City Auditor of Denver! If interested in campaigning see Oscar.

Latest on Bill Walters: From his daughter Toyna Hardman, "The latest round of chemo made some progress but not enough to get Dad to the transplant stage. So the MD's have started a different type of treatment to hopefully get Dad to the transplant stage. This treatment is about 7 days and it started last night. Dad will be in the hospital for approximately another 10 days and then hopefully he will get to come home to the Hardmans after that. He will have another bone marrow biopsy in approximately a month. We will update you with further developments. Thanks."

Update on charter member Tom Evens: From his wife Judy, "Tom had to go back to the hospital today. I believe he's having the same problem he had before. He is in The Medical Center of Aurora in Room 545 (the Cardiac Tower) and his direct dial phone # is 303 368-2545. Please keep both of us in your prayers and especially for the doctors that they can find what is the matter."

Update on Marlin Kent's Move: As reported last week, charter MSOC member **Marlin Kent** will be moving from Quincy Place retirement home to his daughters, Myrna Glimm, at the end of the month. His new address will be: 9988 Appletree Place, Denver, CO 80260-5966. Since it is on the borders of Thornton and Northglenn, Myrna says she uses Denver in her address, but Thornton and Northglenn will also get it there as long as the zip code is correct. Marlin's phone number is the same, 303-246-6794.

## Closing Bell

After several attempts, **Randy Marcove** drew the Jack of Clubs and won the \$120 pot, so we'll start over next week!



Photo Don StJohn

Rumor has it that Randy and his family immediately left for Disney World after the meeting. He was heard stating, he was leaving town before anyone caught up with him for past debts. **President Ed** who is standing

in the background was saying that he should have won, because he has the ability to pick his own number if he gets the opportunity to start the drawing. Sorry Ed!

## A Bit of Humor



## Guest Speaker, Shannon Cardellina

**Brian Williams** introduced Shannon Cardellina, with whom he had gone to college. Shannon is the Corporate & Foundation Relations Officer for Arapahoe House, whose mission is “to provide a continuum of accessible, affordable and effective services for individuals and families with alcohol, drug and other behavioral health problems.” Shannon said almost everyone has a personal experience with one or more individuals who have been involved in drug or alcohol abuse and that it costs the U.S. over \$100 billion in lost work dollars, as 76% of abusers are employed. This doubles health care expenses for employers, as employed addicts are working at 2/3 of their potential and are frequently absent from the work place.

Shannon described several of the programs administered by Arapahoe House including:

- StepWise – Provides a sheltered, but structured treatment environment for adolescents with mental health and substance abuse problems. An accredited on-site school is provided for those who have not completed high school or are working on a GED program.
- Aspen Center for Women – Provides gender specific services for pregnant and postpartum women with drug and alcohol dependence and their dependent children. Services include parenting, family therapy, case management, healthcare for substance dependence, mental illness and trauma related issues.
- New Directions for Families – A comprehensive residential program serving women and their dependent children with child care facilities, family therapy and treatment of alcohol and drug dependence.

After her presentation, Shannon answered questions from the members.

From the Arapahoe House webpage, <http://arapahoehouse.org/> “...provides substance abuse treatment and mental health services to vulnerable individuals and families in metro Denver. Since 1975, Arapahoe House has been empowering members of our community to find help, hope and healing from drugs and alcohol. Today, we help more than 15,000 members of our community every year. With 13 locations and more than 20 specialized services, Arapahoe House is Colorado's leading nonprofit provider of affordable drug and alcohol treatment and behavioral health services. We provide substance abuse illness treatment for women and their children, teens, adults and families to help save and rebuild lives. The nationally recognized programs of Arapahoe House are designed to meet the unique treatment needs of our clients to help give them a greater chance of recovery.”



Photo Don StJohn

### Weekly Greeters

Date	Greeters
4/1/11	Tom Hoch, Steve Kady, & Rich Wagner
4/8/11	Randy Marcove, Ron Carlson, & John Oss
4/15/11	Kent Gloor, Bob Avery, & Tom Wos
4/22/11	Frank Middleton, Woody Thibodeau, & Allen Pierce
4/29/11	Ron Carlson & Michael Chavez
5/6/11	Fred Pasternack & Doug Arnold

### Super Citizen Presenters for April

8 @ 8:30 am	Slavens	Steve Kady
13 @ 8:00 am	Highline	Doug Morton
20 @ 1:20 & 2:05 pm	McMeen	Rich Wagner
20 @ 2:30 pm	MPB	Gary Strowbridge
22 @ 9:10 am	Holm	Frank Middleton
22 @ 1:00 & 2:00 pm	Samuels	Nick Newey
29 @ 2:30 pm	Univ. Park	Bob Avery
29 @ 3:00 pm	Bradley	Howard Fry

### Monaco South Calendar

- Apr 1 Fri 7:00 am Meeting, Legion Hall - Michael Hancock, Denver City Councilman
- Apr 8 Fri 7:00 am Meeting, Legion Hall - Oratorical Contest Winners
- Apr 15 Fri 7:00 am Meeting, Legion Hall - Camaraderie Day
- Apr 20 Wed 6:30 pm Board Meeting, District 4 Council Office, 3540 S. Poplar St., Suite 102
- Apr 22 Fri 7:00 am Meeting, Legion Hall - Essay Contest Participants
- Apr 29 Fri 7:00 am Meeting, Legion Hall - Colorado History Day
- May 6 Fri 7:00 am Meeting, Legion Hall - TBA
- May 6-8 Colorado-Wyoming 3rd Quarter Conference, Ft. Collins Hilton
- May 7 Sat 5:30 am Dumb Friends League Furry Scurry, Washington Park

## Past Presidents of the Optimist Club of Monaco South

Bob Rhue	1976-77	Gary Strowbridge	1993-94
Jerry Whitlow	1977-78	Mark Metevia	1994-95
Bill Kosena	1978-79	Bob Safe	1995-96
Duane Wehrer	1979-80	Tom Overton	1996-97
Curt Jefferies	1980-81	Peter Dimond	1997-98
Frank Middleton	1981-82	Ralph Symalla	1998-99
John Young	1982-83	Cy Regan	1999-00
Pat Bush	1983-84	Stan Cohen	2000-01
Bob Hugo	1984-85	Don St. John	2001-02
Tom Mauro	1985-86	Jack Rife	2002-03
Curt Lorenzen	1986-87	Karl Geil	2003-04
Oscar Sorensen	1987-88	Bryce Slaby	2004-05
Lupe Salinas	1988-89	Donlie Smith	2005-06
Bob Avery	1989-90	Paul Bernard	2006-07
Bill Litchfield	1990-91	Greg Young	2007-08
Bill Walters	1991-92	Phil Perington	2008-09
Kent Gloor	1992-93	Ron Cisco	2009-10

## 2010 - 2011 Officers

President	Ed Collins	303-905-7572
Vice President	Randy Marcove	303-667-3663
Vice President	Paul Simon	303-300-9940
Secretary	Jack Rife	303-349-1280
Treasurer	Greg Young	303-759-3921

## Board of Directors

Michael Chavez	303-960-5304
Henry Fegley	303-671-7182
Les Larson	303-755-1213
Wyatt McCallie	303-759-2275
Frank Middleton	303-759-9232
Terry Shroyer	303-757-7944
Kale Smith	720-207-4363
Brian Williams	720-253-5731
Ron Cisco (Past Pres.)	303-794-0749

## Newsletter Committee

Robert Finkelmeier	303-756-5829	<a href="mailto:rfinkelmeier@comcast.net">rfinkelmeier@comcast.net</a>	Dick Zolman	303-796-8746	<a href="mailto:rzolman691@aol.com">rzolman691@aol.com</a>
Marc Goodbody	303-202-1610	<a href="mailto:mlgoodbody@gmail.com">mlgoodbody@gmail.com</a>	Phil Perington	303-832-4578	<a href="mailto:perington@msn.com">perington@msn.com</a>
Marlin Kent	303-779-0778		George Buzick	303-803-2268	<a href="mailto:gtbuzick@comcast.net">gtbuzick@comcast.net</a>
Jim Leuschner	720-851-7102	<a href="mailto:flyleusch@aol.com">flyleusch@aol.com</a>	O.C. Larson	303-737-7432	<a href="mailto:larson1942@cpmcast.net">larson1942@cpmcast.net</a>
Ralph Pedersen	303-759-3384	<a href="mailto:pedersen.ralph@q.com">pedersen.ralph@q.com</a>	Randy Marcove	303-667-3663	<a href="mailto:themarkoves@msn.com">themarkoves@msn.com</a>
Jim Piccinelli	303-721-1470	<a href="mailto:jp Piccinelli@earthlink.net">jp Piccinelli@earthlink.net</a>			

**NEWSLETTER EDITORS:** Mar **GEORGE BUZICK**; Apr **RANDY MARCOVE**; May **OC LARSON**; Jun **RALPH PEDERSEN**; Jul **PHIL PERINGTON**

## THE OPTIMIST CREED — Promise Yourself . . .

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.