



June 13, 2008  
Vol. 32, Issue 37



# Grandiose Utterings of Monaco South (GUMS)

Optimists Bring Out the  
Best in Children



## The Optimist Club of Monaco South

Founded in 1976 Denver, Colorado

[www.monacosouth.org](http://www.monacosouth.org)

Editor for this Issue—John Young

### Speaker Today: David Lararoff, *Tomorrow's Flowers Elder Care*

The speaker for the day was our own **David Lararoff**. David is in the process of putting together a new residential care facility for the elderly called “*Tomorrow's Flowers*,” located at 3001 South Dexter Way in the University Hills area. The inspiration for this endeavor is his friendship with Carl, a retired psychologist with Alzheimer's. Carl is no longer able to stay alone and David has taken responsibility for his care.

David's plan is to create a facility for 10-12 elderly people which is a residence environment, not an institution, where the physical, mental, emotional, and spiritual needs of the residents can be met. He has named this project “*Tomorrow's Flowers*.” David has received great support from the University Hills Home Owners Association which is holding a zoning meeting Monday night June 16th to approve his project. For more details call David at 303-780-0501, or visit him at his website: the [Holistic Internet Community](http://www.holistic.com) @ [www.holistic.com](http://www.holistic.com).

David's background includes an MBA from Boston's Northeastern University and an engineering degree from Rochester Institute of Technology. He is a seasoned information technology professional with a background in IT consulting, system architecture, and manufacturing. While in graduate school at Northeastern University, David was introduced to Rudolph Ballentine, MD, and the world of holistic health and medicine.



**Meeting Place**  
**American Legion Hall Post 1**  
**5400 East Yale Avenue (Yale & I-25), Denver, Colorado**  
**Every Friday Morning, 7 - 8 a.m.**

## Good Morning Optimists! Invocation & Pledge

**Greg Young** lead us in the invocation by reminding us that as fathers we are responsible for instilling such virtues as courage, responsibility, discipline, fairness, and honesty in our children so that they may favorably impact the future of our culture, our nation and our world. He also mentioned that Saturday June 14<sup>th</sup> is National Flag Day and next week is National Flag Week, so be sure to fly yours.

### Club Visitors

**Randy Marcove** introduced his guest Steve Yates who looks like a really good prospect for membership in Monaco South. Steve's knows a little about us as his son has won our Super Citizen of the Month award on two occasions.

**Joe Marci** introduced his guest Bob Meyer who is a co-sponsor of the Optimist Junior World Golf program which had their first tournament later this morning. Welcome Bob and many thanks for your efforts in behalf of the youth of our community. The next Junior Golf outing is Monday, June 16<sup>th</sup>, at Fitzsimmons, so attend and help if you can.

### Zone Picnic

**Howard Fry** reminded us to keep open Saturday, August 9<sup>th</sup> for the zone picnic at Eisenhower Park from 11:00 am to 2:00 pm. The party will be catered by Dickey's Barbeque. Cost is \$10 for adults and \$5 for children (under 3 free so bring the grandkids!). Howard has arranged for a lot of fun activities including games for the kids and a watermelon seed spiting contest for the big guys.

### Habitat for Humanity

**Ron Cisco** needs one more volunteer to complete his commitment for ten volunteers for the Habitat for Humanity building project on Friday June 27<sup>th</sup> at 58<sup>th</sup> and Olive Street. Be there before 9:00am for an obligatory safety class. You can't participate without attending the class. All tools are supplied so you don't need to bring your own, but bring your own lunch!

## Thanks to Bill Walters

**Bill Walters** received a special plaque from the Boys and Girls Club as a thank you for the 20 plus years of Thanksgiving dinners he has provided to them.



### Golf Outing

**Fred Pasternack** announced a golf tournament fund raiser for the *Gateway Optimist Club* to be held next Friday at meadow Hills. Call him for details: 303-758-3754 to set up a foursome.

### Great West Life MS-150

**Don StJohn** has 17 members signed up for the 23<sup>rd</sup> Annual Great-West Life Bike MS Colorado's Ride 2008 project. We will be serving lunch this year at the Silver Creek High School in Longmont Sunday, June 29<sup>th</sup>. *The Tamarac Optimist Club* ladies will be joining us and we will all need to sign a release form available from the website, [MS Volunteer Registration](#) or from Don.



### Groceries

**Cy Regan** sold \$1,400 of groceries this morning--\$950 for King Soopers and \$450 for Safeway. What a nice and easy way to raise \$70 for the club! Thanks so much Cy for all the wonderful things you do for us!

### Colorado/Wyoming District Convention

Anyone needing schedule or registration information for the District Convention on August 21-24<sup>th</sup> should email **President Greg** at [gndyoung@msn.com](mailto:gndyoung@msn.com) or call at 303-759-3921.

### Wish Them Well!

**John Moser** is now at home and recovering well. He is off oxygen, but there is some concern about a blood clot in his calf.

Also on the infirmity list is **Jim Brown**, who is undergoing surgery Monday. Let's all send them cards and well wishes. We wish you a speedy recovery and hope to see you back at a meeting real soon!

## Improve Your Garden's Smell!

...no not with the person in the picture! **Bill Wells** has a great new source of BS (manure) for us. This fine organic matter product is available at the *Urban Farm* by the county jail. It is free of charge and is available by the truck load. See or call Bill for details on how and where to procure this fine source of fertilizer.



## Tables & Chairs

**Greg Young** is asking members to please check with him before borrowing tables and chairs or other items from the Club storage facility warehouse. If these are not being used for an official Optimist project they can be loaned out for personal use to members, but we need to keep track of this so please ask for permission first.

## Mark Your Calendar Correction

Saturday, September 13, 2008, Monaco South Installation Banquet. All members, with significant other are welcome. It will include installation of new officers and celebration of awards and achievements. Time and place to be announced.

## RETARDED GRANDPARENTS - After

Christmas, a teacher asked her young pupils how they spent their holiday away from school. One child wrote the following:

*We always used to spend the holidays with Grandma and Grandpa. They used to live in a big brick house but Grandpa got retarded and they moved to Florida. Now they live in a tin box and have rocks painted green to look like grass. They ride around on their bicycles and wear name tags because they don't know who they are anymore.*



*They go to a building called a wreck center, but they must have got it fixed because it is all okay now, they do exercises there, but they don't do them very well.*

*There is a swimming pool too, but they all jump up and down in it with hats on.*

*At their gate, there is a doll house with a little old man sitting in it. He watches all day so nobody can escape. Sometimes they sneak out, and go cruising in their golf carts. Nobody there cooks, they just eat out. And, they eat the same thing every night—early birds. Some of the people can't get out past the man in the doll house. The ones who do get out, bring food back to the wrecked center for pot luck.*

*My Grandma says that Grandpa worked all his life to earn his retardment and says I should work hard so I can be retarded someday too. When I earn my retardment, I want to be the man in the doll house. Then I will let people out, so they can visit their grandchildren.*

## Monaco South Calendar

Jun 16	Mon	9:00 am	Optimist Junior Golf Tournament, Boys & Girls, 10-11 & 12-13 - Fitzsimons Golf Course, Aurora
Jun 17	Tue	6:30 pm	MSOC Board Meeting - New Location - District 4 Council Office, 3540 S. Poplar St., Suite 102
Jun 20	Fri	7:00 am	Meeting, Legion Hall - Camaraderie Day
Jun 27	Fri	7:00 am	Meeting, Legion Hall - Jason Stout, Judi's House: <i>Hope and healing for grieving children</i>
Jun 27	Fri	9:00 am	Habitat for Humanity Work Detail at 58 <sup>th</sup> and Olive Street
Jun 29	Sun	8:00 am	Great-West Life Bike MS (MS 150) - Man the lunch stop at Silver Creek High School, 4901 Nelson Road, Longmont
Jul 4	Fri	7:00 am	Meeting, Legion Hall - Independence Day
Jul 11	Fri	7:00 am	Meeting, Legion Hall - Urban Farming for Kids
Jul 15	Tue	6:30 pm	Board Meeting, District 4 Council Office, 3540 S. Poplar St., Suite 102
July 18	Fri	7:00 am	Meeting, Legion Hall - Camaraderie Day

## Past Presidents of the Optimist Club of Monaco South

Bob Rhue	1976-77	Kent Gloor	1992-93
Jerry Whitlow	1977-78	Gary Strowbridge	1993-94
Bill Kosena	1978-79	Mark Metevia	1994-95
Duane Wehrer	1979-80	Bob Safe	1995-96
Curt Jefferies	1980-81	Tom Overton	1996-97
Frank Middleton	1981-82	Peter Dimond	1997-98
John Young	1982-83	Ralph Symalla	1998-99
Pat Bush	1983-84	Cy Regan	1999-00
Bob Hugo	1984-85	Stan Cohen	2000-01
Tom Mauro	1985-86	Don St. John	2001-02
Curt Lorenzen	1986-87	Jack Rife	2002-03
Oscar Sorensen	1987-88	Karl Geil	2003-04
Lupe Salinas	1988-89	Bryce Slaby	2004-05
Bob Avery	1989-90	Donlie Smith	2005-06
Bill Litchfield.	1990-91	Paul Bernard	2006-07

## 2007 - 2008 Officers

President	Greg Young	303-759-3921
Vice President	Phil Perington	303-832-4578
Vice President	Al Gapuzan	303-770-0499
Secretary	Rich Wagner	303-362-5328
Treasurer	Ron Gustas	303-770-9640

## Board of Directors

Russ Paul	303-750-0554
Frank Ross	303-713-1008
Scott Walker	303-517-1862
Bill Wells	303-757-8013
Dick Cohen	303-320-1767
Mike Snipes	303-699-9161
Jim Brown	303-671-6309
Howard Fry	303-300-4466

## Newsletter Committee

Craig Eley	303-758-9499	<a href="mailto:craig@eley.net">craig@eley.net</a>	Jim Piccinelli	303-721-1470	<a href="mailto:jp Piccinelli@earthlink.net">jp Piccinelli@earthlink.net</a>
Robert Finkelmeier	303-756-5829	<a href="mailto:rfinkelmeier@comcast.net">rfinkelmeier@comcast.net</a>	Bill Walters	303-697-7252	<a href="mailto:wwalters43@msn.com">wwalters43@msn.com</a>
Marc Goodbody	303-202-1610	<a href="mailto:mlgoodbody@gmail.com">mlgoodbody@gmail.com</a>	Robert Wardlaw	303-759-0360	<a href="mailto:rwardlaw@comcast.net">rwardlaw@comcast.net</a>
Marlin Kent	303-779-0778		John Young	303-692-8202	<a href="mailto:johnandclaire@comcast.net">johnandclaire@comcast.net</a>
Jim Leuschner	720-851-7102	<a href="mailto:flyleusch@aol.com">flyleusch@aol.com</a>	Dick Zolman	303-796-8746	<a href="mailto:rzolman691@aol.com">rzolman691@aol.com</a>
Ralph Pedersen	303-759-3384	<a href="mailto:pedersen.ralph@q.com">pedersen.ralph@q.com</a>			

## THE OPTIMIST CREED — Promise Yourself . . .

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

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